

HOLY REDEEMER CATHOLIC CHURCH

Address: 44 Rothesay Drive, Kanata, ON K2L 2X1

Telephone: 613-836-1764; Website: www.holyredeemer.ca



1ST SUNDAY IN LENT – February 18, 2024

‘Jesus was tempted by Satan and the Angels waited upon Him.’ — Mark 1:13

MASS SCHEDULE

Sunday Liturgy Mass Times

Saturday Vigil: 5:00 pm
Sunday: 8:00 am, 9:30 am, 11:00 am and 7:00 pm

Weekday Mass Times

Monday, Tuesday, Thursday and Friday: 9:00 am
Wednesday: 7:00 pm
1st Saturday of the Month: 9:00 am

Adoration

1st Friday 8:00 pm to 1st Saturday 8:45 am (*All-Night Vigil*)
Monday, Tuesday and Friday: 8:15–8:45 am
Wednesday: After 7pm Mass
Thursday: After 9am Mass (9:30 am–3:30 pm)
(with 3:00 pm Hour of Great Mercy Devotion)

Reconciliation (or by appointment)

Monday, Tuesday, Thursday, Friday: 8:15–8:45 am
Wednesday: 6:15–6:45 pm
Saturday: 4:00 pm–4:45 pm
Sunday: 6:00 pm–6:45 pm

PASTORAL COUNCIL

Chair: Matthew Bisson (613) 769-1767
Co-Chair: Erin Kinsella erinkinsella@live.ca
Secretary: Nick Rolheiser n.rolheiser+holyredeemer@gmail.com
Finance Operations Chair: Art Lamarche (613) 592-4820
Safe Environment: John Gaudet (613) 800-1833

LITURGICAL MINISTRIES

Adoration:
▪ Thursday (9:30am-3pm): Sharon Stuyt (613) 838-5578
▪ 1st Friday Vigil: Francine Dagenais *Please call the parish office*
▪ Wednesday Holy Hour for Vocations: Erin erinkinsella@live.ca
Altar Servers: Paola Pacheco paopac@yahoo.com
Altar Guild: Lee Armstrong (613) 831-1075
Catechesis of the Good Shepherd:
Kim Baudouin (613) 884-8475
Children’s Sunday Liturgy: Cathy Koss hryouth@icloud.com
Extraordinary Ministers of Holy Communion:
Peter Fortier pete.fortier@gmail.com
Lectors: Kevin Sawyer kevin.sawyerkj@gmail.com
Sacristans: Matthew Bisson (613) 769-1767
Ushers: Samuel Bonti-Ankomah (613) 271-6303
Vocations Ministry: Erin Kinsella erinkinsella@live.ca

PASTORAL CARE

▪ Joanne Williamson (613) 884-2106
▪ Julie Farrow willowfarrow@gmail.com

SACRAMENTAL FORMATION

Baptism Preparation Course reception@holyredeemer.ca
Franca Walsh (Ministry Lead) (613) 836-2219
Christian Initiation of Adults (RCIA):
David Dupuis (613) 709-5065
Christian Initiation of Children (CIC):
Sharon Groulx cic@holyredeemer.ca
Marriage Preparation Course reception@holyredeemer.ca

MUSIC MINISTRY (CHOIRS)

Saturday 5:00 pm: Roberto Solis (613) 410-4904
Sunday 9:30 am: Roberto Solis (613) 410-4904
Sunday 11:00 am: Eddie Deogrades edeo@rogers.com
Sunday 7:00 pm: Erin Kinsella erinkinsella@live.ca
Funeral Choir: Jeanne Joinette (613) 868-9354

CLERGY

- Pastor: Fr. Paul Nwaeze: pnwaeze@holyredeemer.ca
- Associate Pastor: Fr. Connor O’Hara: father.connor@outlook.com
- Associate Pastor: Fr. Steven Gaudet fr.stevengaudet@gmail.com
- Deacon: Rev. James Kubina: jgkubina@gmail.com
- Deacon: Rev. Mike Doherty: midoherthy1952@gmail.com

OFFICE STAFF

- Coordinator of Temporal Works
Maureen Brannan: ctw@holyredeemer.ca
- Communications Coordinator
Jeremy Eckert: communications@holyredeemer.ca
- Evangelization Coordinator
Teresa Kargul: evangelization@holyredeemer.ca
- Receptionist:
Paola Pacheco: reception@holyredeemer.ca
- Administrative Assistant
Kim Jennings: admin@holyredeemer.ca
- Youth Minister ~ Cathy Koss: hryouth@icloud.com

OFFICE HOURS – CLOSED on Wednesdays and weekends

Monday, Tuesday, Thursday, Friday 9:30 am to 4:00 pm

SOCIAL MISSION

Care for Creation: Mireille Church creation@ottawacornwall.ca
Development and Peace: Liz Murphy (613) 619-4413
Pro-Life: Ambra Kostyniuk (613) 271-1264
Refugee Committee:
▪ Mary-Lou Hakansson (613) 592-3530
▪ Cathy Deogrades (613) 558-9889
Saint Vincent de Paul Society: Patrick Nzobo .. *Please call the office*
Indigenous Peoples Committee:
Tony Ritchie ritchieanthony3@gmail.com

ORGANIZATIONS / GROUPS IN THE PARISH

Bereavement: Kafui Sawyer hbereavement@gmail.com
Bible Study: Darren Laval (613) 852-9966
Catholic Charismatic Renewal Prayer Group:
Justin holyredeemerprayergroup@gmail.com
Catholic Women’s League: Lillian Delmas delmas@rogers.com
Couples for Christ: Edgar Acosta (613) 315-0702
Cursillo: Marc Bélanger (613) 836-2874
Decorating Ministry: Sharon Stuyt (613) 838-5578
Divine Mercy Cenacle: Norma Dawes (613) 435-3469
Gardening Angels: Bev Murphy (613) 591-3989
Heart of Worship: Kirsten Eckert heartofworshiphr@gmail.com
Homeschool Ministry sarah.rolheiser@gmail.com
Knights of Columbus: Wayne Watts (613) 852-0094
Legion of Mary:
▪ Adult: Balsam Blejani-Khalaf (613) 599-2723
▪ Junior (6-16): Sarah Rolheiser (613) 435-2478
Library: Greg Kam (613) 863-6314
Prayer Shawl: Margaret Donahue (613) 836-7619
Restore: Hailey Krol (613) 315-9403
Religious Articles for Sale: Germaine Gaudet (613) 435-1084
Youth Group: Cathy Koss hryouth@icloud.com
Young Adults: Sarah Groulx youngadultthr@gmail.com
Young Adult Hiking Group: father.connor@outlook.com



PARISH MISSION STATEMENT

“Go therefore and make disciples of all nations, baptizing them in the Name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.” — Matthew 28:19-20

MASS INTENTIONS

1ST SUNDAY IN LENT

<u>Saturday February 17</u>	5:00 pm	†Gene Szabo by Bernie and Wanda Hartlin
<u>Sunday February 18</u>	8:00 am	†Florence Aguinaga by Ehman and Family
	9:30 am	For the Parish Community
	11:00 am	†Helena Golob by the 11:00am Mass Choir
		†Beth Picard by the Knights of Columbus Council No. 9544
		†Nicholas Zaionchkovsky and Monica Docena by the Zaionchkovsky Family
		†Henri Aubé by Ginette Dagenais and Family
		†Richard Gallinger by the Nicolas Family
		Intentions of Balsam Blejani and Family by Helen Chan
		Birthday Blessings for Natalia, Heidi and Jasmine Jarocki by the Family
		Birthday Blessings for Luc Davesne by the Khalaf Family
	7:00 pm	†Michael Sauro by Ariane Delmas
<i>(Office Closed on Monday for Family Day)</i>		
<u>Monday February 19</u>	9:00 am	In honour of Padre Pio and in thanksgiving by Mary Lou Oram
<u>Tuesday February 20</u>	9:00 am	†John Dawes by Norma Dawes
		†Roger Beaulieu by Joseph and Jeannine LeBlanc
		†Joseph Zhang by Xiao Yun Zhang
		Intentions of Ann and John McDougall by Mary Lou Oram
		Birthday Blessings for Jean Pegg by Paul and Mimi Yurack
	7:00 pm	<i>(No Mass) Lenten Retreat with Archbishop Terrence Prendergast, SJ</i>
<u>Wednesday February 21</u>	9:00 am	Intentions of Marie Howe by Kim Peppiatt
	7:00 pm	<i>(No Mass) Lenten Retreat (with Archbishop Terrence Prendergast, SJ)</i>
<u>Thursday February 22</u>	9:00 am	†Richard Bilkszto by Bernie and Wanda Hartlin
	7:00 pm	<i>(No Mass) Lenten Retreat with Archbishop Terrence Prendergast, SJ</i>
<u>Friday February 23</u>	9:00 am	Intentions of Natania Abebe by Kim Peppiatt

2ND SUNDAY IN LENT

<u>Saturday February 24</u>	5:00 pm	†Father Vincent Andrew Conti and Birthday Blessings for Mary Codogno by a parishioner
<u>Sunday February 25</u>	8:00 am	†Gene Szabo by Dale and Jean Populus
	9:30 am	For the Parish Community
	11:00 am	Birthday Blessings for Terry Brannan Sr. and Andrew Brannan by the Family
	7:00 pm	†Peter Edward Charles Fortier by Erin Kinsella



PRAYERS FOR THE SICK: Please pray for the sick among our families and friends, especially Emilie Glenn, Pina DeCurtis, Ian McLellan, Fernando Torres, Lisa Carter, Catherine Levasseur, Andrew Beyer, Mary Lou Oram, Hedy Stoqua, Serge Gagnon, Luc André Sabourin, Nikita Sabourin, Rebecca Gagnon, Sam Gagnon, Helen Fernihough, Ian Ketelaars, Chantal D., John Kelly, Carlos Arturo Gallego Henao, Alfredo Michelena, Luz Elena Ocampo, Diana Froh, Hiep Vuong, Dan Rivet, Fr. Bob Poole, Anne Louise L., Homeless people with disabilities, Bob Gemmell, Mallory McPherson, Maryanne Mason, Edgar Velez, Kim Vardon, Marie Jarrett, Nancy Campbell, Catherine and Steven Offierski, Diana Codogno, Suzanne Bisson, Marilisa Gronzotto, Monica Sale, Gladys Buermans, Andrew Jacob, Jimmy Bot, Bev Murphy, Aldina P., Tina Dory, Art Wallace, Joseph Gunsberg, Giovanni Magliocco, Rhys Cox, the Beaulne Family, the Halaj Family, Zahra Ziaei, Kristin Wilson, Ken Kraglund, Dorothy Voldock, Mounira Abi Aad, Flora Pirez, Franca Cervo, Martha Klump, Maria Pirrone, Ches Power, Marcel Morin, Dan Cillis, Rael Carvalho, Ronald Malcolm. **PRAYERS FOR THE**



DECEASED: Let us pray for deceased family and friends of our Parish Community, especially Emilie Glenn and Richard Gallinger.

THE HOLY FATHER'S PRAYER INTENTIONS FOR FEBRUARY: Let us pray for the terminally ill. We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

MASS READINGS

1ST SUNDAY OF LENT:

Gen 9:8-15; 1 Peter 3:18-22; Mark 1:12-15

Monday: Lev 19:1-2, 11-18; Matt 25:31-46

Tuesday: 1Is 55:10-11; Matt 6:7-15

Wednesday: 1Jonah 3:1-10; Luke 11:29-32

Thursday: 1 Peter 5:1-4; Matt 16:13-19

Friday: Ez 18:21-28; Matt 5:20-26

Saturday: Deut 26:16-19; Matt 5:43-48

2ND SUNDAY OF LENT:

Gen 22:1-2, 9-13, 15-18; Tom 8:31b-35, 37++; Mark 9:2-10

SACRAMENTS and ADORATION

Baptism: Three (3) months notice required to complete Sacramental preparation.

Marriage: 6 months notice required before proposed wedding date.

Reconciliation (also by appointment):

Monday, Tuesday, Thursday, Friday: 8—8:45 am;

Wednesday: 6—6:45pm; Saturday: 4—4:45 pm; Sunday: 6—6:45pm

Sacrament of the Sick / House Blessings: Please phone the office.

Adoration: Please note, at times we will have to cancel Adoration due to funerals, etc.

Please check the website or call the office to confirm hours:

†ALL-NIGHT VIGIL: 1st Friday 8:00 pm to 1st Saturday 8:45 am

†Monday, Tuesday, Friday: 8:15 am-8:45 am

†Wednesday: After Mass (to pray for Vocations)

†Thursday (after Mass) 9:30am to 3:30pm (3pm Great Hour of Mercy)



Hello! Welcome to Holy Redeemer Parish!

If you are new to our Parish Community, please make sure to drop by our 'Welcome Area' in the vestibule! If you would like to register as a parishioner, please visit our website and click "I'm New", or scan the QR code. **We're delighted you've joined us!**



PASTOR'S CORNER

'Jesus was tempted by Satan and the Angels waited upon Him.' — Mark 1:13

The holy season of Lent is here with us. Lent is an opportune time to return to our God, who loves us so deeply and a time to rediscover who we are through acts of prayer, fasting and almsgiving.

Return to God with All Your Heart

This is an invitation that we will hear many times during this Lenten season. It is a clarion call to conversion. As noted by Pope Benedict XVI, conversion is all about following Jesus in such a way that His Gospel is a real guide for life. It means letting God transform us. It means recognizing that we are creatures who depend on God, on His love, and only by "losing" our life in Him can we gain it. This is what we are all called to do during Lent.

His Word is Life

Our Gospel acclamation on this First Sunday of Lent echoes the words of Jesus to the tempter: *"Man does not live by bread alone."* Here again, the point is clear: Lent is a time when we are invited to listen and pay attention to the Word of God. It is a time we are drawn into the desert to encounter God's word, which is meant to encourage, challenge, confront and comfort us. So, as we begin this season of grace and mercy, may it be for all of us a time of transformation, healing, and renewal.

Lenten Mission

We are pleased to have His Grace Most Rev. Terence Prendergast, S.J., the Emeritus Archbishop of Ottawa-Cornwall Archdiocese, as our guest speaker for this year's Lenten Mission. He will be speaking on the theme: *"Lift Up Your Hearts: Fostering Commitment to Christ."* As Lent begins, this retreat will serve as an invitation to all of us to a deeper reflection on our Lenten journey. I encourage you to arrange your schedule so to enable you and your family to participate in this important spiritual exercise which starts on **Tuesday, February 20 to Thursday, February 22 at 7pm** in the main church. Come and be renewed in strength. Bring a friend!

Thank You

My time with my family in Nigeria was truly blessed. I wish to use this opportunity to thank you all, my beloved parishioners, for all your prayers. You not only prayed for me, but for my entire family as well, especially my mother for her 80th birthday. For all of these, I am deeply grateful.

May this be a blessed time of prayer, fasting and almsgiving for us all.

Fr. Paul





3-DAY PARISH LENTEN MISSION

Directed by:
 Archbishop Emeritus Terrence Prendergast, SJ
Tuesday, Wednesday and Thursday
FEBRUARY 20 — 22 at 7PM
 (*NO 7PM Mass — Mass will be offered at 9AM)



LENTEN PENANCE SERVICE

Wednesday, March 20 at 7PM
 (Service only — Not at Mass)
 Several Priests will be available for Confession
 (9AM Weekday Mass added)



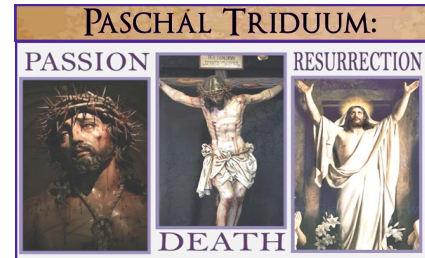
STATIONS OF THE CROSS

Fridays at 7:00 pm

- February 16 Led by the Knights of Columbus
- February 23 Led by Catholic Women’s League
- March 1 Led by Pro-Life Ministry
- March 8 Led by the Legion of Mary
- March 15 Led by St. Vincent de Paul
- March 22 Led by Care for Creation
- Good Friday, March 29 Youth Tableau

HOLY WEEK MASS SCHEDULE

- Monday March 25** 9AM
- Tuesday March 26**
 - Parish Weekday Mass **TBD**
 - Chrism Mass at Notre Dame Cathedral TBA
- Wednesday March 27** **7PM**



- HOLY THURSDAY March 28** 7PM
- GOOD FRIDAY March 29**
 - Divine Mercy Novena Day-1 11:40AM **and** 2:40PM
 - Passion Service 12 Noon **and** 3PM
 - Youth Tableau 7PM
- HOLY SATURDAY March 30 (no Confession)** 8PM
- EASTER SUNDAY March 31** 9AM and 11AM
 (No 7PM Mass on Easter Sunday)

2024 LENTEN RETREAT

LIFT UP YOUR HEARTS
FOSTERING COMMITMENT TO CHRIST

FEB. 20TH - 22ND
7:00PM - 8:30PM



Guest Speaker
 Archbishop Emeritus
 Prendergast



Holy Redeemer Parish
 44 Rothesay Drive, Kanata, ON
 holyredeemer.ca



CHRISTIAN LIFE PROGRAM

FOR MARRIED COUPLES*



LENT 2024

Holy Redeemer Parish
 Saturday 1:00 - 3:00 pm
 February 24 - April 20

REGISTER NOW! *it is free!*



JOIN US IN THIS JOURNEY
 TO FIND OUT HOW TO
 MAKE THE BEST OF OUR
 LIVES AND FAMILY, JUST
 AS GOD INTENDS.

*BY THIS ALL PEOPLE WILL KNOW THAT YOU ARE MY DISCIPLES, IF YOU HAVE LOVE FOR ONE ANOTHER" JOHN 13:35

★ You can bring your children up to 12yo for a parallel kids program.

fcottawa@coupleforchrist.ca

613 410 4904

CFCOTTAWA.CA

PARISH HAPPENINGS ...

Development and Peace — Caritas Canada: A Movement of Solidarity

Established in 1967, Development and Peace — Caritas Canada is the official international solidarity organization of the Catholic Church in Canada.

We address the root causes of poverty, oppression, and inequality by working with partners in the Global South and by mobilizing Canadians in the common struggle for justice and dignity. We champion women and social movements as key agents of lasting change.

Our transformative work is possible thanks to the generosity and support of our members and Canadians who stand by us. Join the movement of over 12,000 members and help us bring our campaigns to life in your community. Visit devp.org/membership.



SACRISTANS NEEDED!

Additional Sacristans are required for:

ALL Weekday Masses, and Sunday 8am and 9:30am Masses.

WHAT DO WE DO? We prepare and clean up liturgical elements of the Mass (hosts, vessels, linens, books, candles, etc.)

WHAT IS BEAUTIFUL ABOUT THIS ROLE? Working with sacred items; background service for fellow parishioners.

WHAT QUALITIES ARE NEEDED FOR THIS ROLE? The ability to learn vocabulary and protocols; confident with simple arithmetic; confident reading written instructions; a desire to be helpful to fellow parishioners.

TRAINING: Two sessions, each 1-2 hours long and followed by supervised practice.

TIME COMMITMENT: Approximately two hours (including attending Mass) every 2-3 weeks.

MORE INFORMATION: You can view [an online 10-minute "information session" here](#).

NEXT STEP: Contact Matthew Bisson (613-769-1767 or matthew.r.bisson@gmail.com). We'll discuss the role and see if it's a good fit for you.

CARE FOR CREATION: If you are looking for concrete ways to make your Lenten observation meaningful, try giving up some items suggested by Citizens for Public Justice, a Christian Canadian group. Suggestions are available on our website at <https://holyredeemer.ca/lent-resolutions>.




PRO-LIFE



Fill the Playpen Birthright of Ottawa February 6 – 27

B Birthright's focus is on loving the mother, reminding her that there is hope and ensuring she is not alone.

Holy Redeemer parish is proud to support a local pregnancy care center with donations for moms and babies.

1. Donate online to Birthright of Ottawa. Apply your donation to "playpen fundraiser". This QR code will take you directly to Birthright of Ottawa on the CanadaHelps.org website. Tax receipts are issued immediately. 
2. Donate by cheque to Birthright of Ottawa. Pick up an envelope at the display in the church entrance.
3. Place needed items in the playpen located in the church entrance. Items may include, but are not limited to, the following:
 - Diapers — **especially Size One and Newborn**
 - Diaper wipes
 - Onesies and baby outfits
 - Bibs
 - Receiving blankets, Small and Large

New items are preferred. For gently used items, please contact Birthright of Ottawa directly at **613-231-5683**. Thank you for your generous support!!



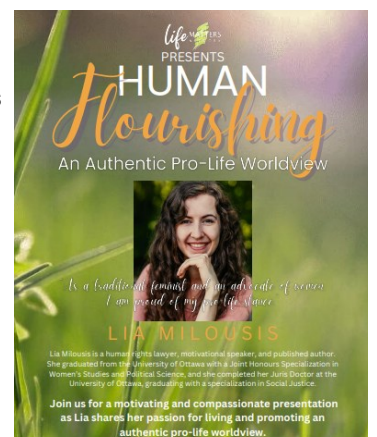
Knowing that "with God, all things are possible," people of faith and conscience unite in 40 days of prayer and fasting. Christ told us some demons can only be driven out by prayer and fasting. *The two go hand in hand.*

Prayer keeps us rooted in the fact that it is our desire to carry out God's Will; *Fasting* is a sacrifice that helps us reach beyond our own limitations with God's help.

Through this 40 Days of Lent, join us in helping to save lives by praying and fasting for an end to abortion.

On Sunday,
February 25 at 1PM,
the Life Matters Group invites you to "**HUMAN FLOURISHING, an Authentic Pro-Life Worldview**"
Guest Speaker: Lia Milousis, a young human rights lawyer, motivational speaker, and self-published author.

St. John Elementary School Gym
(34 Wilson Street E, Perth ON)
Info: lifematters@gmail.com



PARISH HAPPENINGS ...

Holy Redeemer Charismatic Prayer Group Monday, February 19th at 7PM



Praise and Worship, Testimonies and Refreshments
in the Church Hall ... everyone is invited!

THIRD MONDAY OF EVERY MONTH!

Heart OF WORSHIP

ADORATION NIGHT

SHORT SPIRITUAL TALK, PRAISE & WORSHIP MUSIC, SILENT ADORATION
CONFESSION, FOOD & FELLOWSHIP

Tuesday, February 27th at 7PM

Guest Speaker: Amy Hall

Topic: 'Agents of Holiness.'

<https://holyredeemer.ca/livestream>

2-DAY MARRIAGE PREPARATION COURSE



Congratulations on your engagement!

Embracing marriage as a sacrament will transform your whole life together and take your love to a much deeper level. The Marriage Preparation Course is a requirement and gives couples an opportunity to have some important discussions prior to getting married.

Our **2-day Marriage Preparation Course** is being offered:

- Friday, May 17** (7pm—10pm); **and**
- Saturday, May 18** (10am—6pm with Mass)
- Cost:** \$100 (includes guidebook).

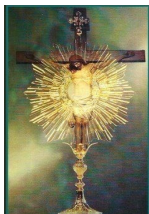
To register, please contact the parish office at reception@holyredeemer.ca.

First Friday and First Saturday Eucharistic Adoration Vigil

*in reparation for sins committed against the
Most Sacred Heart of Jesus and the Immaculate Heart of Mary*

Eucharistic Adoration All Night Vigil begins on **FIRST Friday, March 1 at 8PM**, with Benediction at 8:45AM on Saturday morning and First Saturday Mass at 9AM.

There must be **at least two (2) adorers in front of Our Lord at all times**. In order to coordinate the schedule, **we ask everyone to register**. First Friday and Saturday Adorers, please sign-up on the **sheets at the back of the Church**, or email Jeremy Eckert at communications@holyredeemer.ca.



SSVP 'CATCH THE ACE' LOTTERY — ROUND 4!



The Ottawa Central Council (OCC) of the **SOCIETY OF SAINT VINCENT DE PAUL** is pleased to announce Round 4 of the weekly Catch the Ace lottery. The draw is **EVERY Tuesday** until the Ace of Spades is drawn. **Tickets can be purchased EARLY** (online only) for \$10. Proceeds of this lottery go to support the Multi-faith Housing Initiatives for affordable, safe and permanent housing for Indigenous and new Canadians. For more information, visit: <https://ssvpottawa.ca/>. Thank you!

PILGRIM VIRGIN OF OUR LADY OF FATIMA Home Visitation Program:



Holy Redeemer's Legion of Mary invites parishioners to reserve a home visit of the Pilgrim Virgin Statue of Our Lady of Fatima for a one-week period. To arrange a visit of Our Lady, please contact Balsam Blejani-Khalaf (**613-599-2723**; bblejani.khalaf@gmail.com). Thank you!

EUCHARISTIC ADORATION HOUR:



Parish Vocations Ministry invites you to an hour of Adoration **every Wednesday** evening **following the 7:00 pm Mass**. Join us as we **pray for** an increase in the response to God's call to the priesthood, diaconate, religious life, consecrated life, and marriage.

PRAYER SHAWL MINISTRY:



Did you know that Holy Redeemer is blessed to have a ministry that makes beautiful prayer shawls for people in our community who are in need of a prayer and a hug to comfort them through their trying times? We have shawls for men, women, children as young as preemies, in various colours and patterns! If you know anyone who could benefit from this free service, please call Margaret Donahue (hrprayershawlmin@gmail.com; **613-836-7619**), and she will make arrangements to connect and provide you with one of these beautiful, hand-made gifts to brighten someone's day.

CATHOLIC WOMEN'S LEAGUE PRAYER



BOX: We invite you to place your intentions in this prayer box and CWL members will raise them in prayer on your behalf. Rest assured that we will never open your papers, nor read your words. We pray fully in the trust that our Lord knows your needs. The papers are burnt unopened at the end of the month.

PUBLIC ROSARY ACROSS CANADA



WHY: To entrust the whole world to Our Lady, and to ask Her to intercede for our province, our country, and the world — *we join in prayer with parishes across Canada.*

WHERE: Outside by the parish office door, in front of Our Lady's statue. **WHEN:** **Every Wednesday at 6:15 PM.**

YOUTH MINISTRY CONNECTION . . . !



Children's Liturgy
of the **Word**

Every Sunday at 9:30AM AND 11:00AM!




Hallow


A Lenten Series Podcast starting Wednesday, February 14, for children ages 6 —12!

With the support of the team at Hallow, SAINTS ALIVE created a brand new series (Lent for Kids and Eucharistic Miracles in 2024!).


These audio dramas bring the greatest heroes of our Faith to life — professional voice actors and directors — the shows are compelling, professional and entertaining!

To access the podcasts and more, [CLICK HERE!](#)

YOUTH GROUP ... Every Friday !



The ROCK
Grades 6-8
Fridays,
6:30-8:30pm



JAM
(Jesus And Me)
Grades 9-12
Fridays, 8:30-10pm

Questions? Contact our **AMAZING** Youth Minister Cathy Koss ~ youth@holyredeemer.ca !!

YOUNG ADULT MINISTRY


The Young Adults Group have resumed **meeting bi-weekly** in the Church Hall from **5PM to 6:30PM**. *Next meeting ...*

➔ NEXT SUNDAY, FEBRUARY 25!

If you are between the **ages of 19 and 36**, you are welcome to join our bi-weekly meetings for **fellowship, faith formation and pizza!**

For more information, please contact Sarah at youngadulthr@gmail.com.

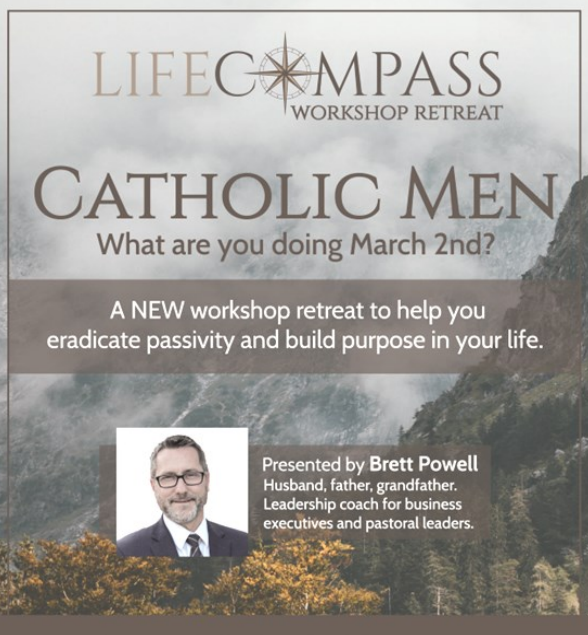
YOUNG ADULTS HIKING GROUP: Join Father Connor on a hike and enjoy some fellowship and the beauty of God's creation. If you, or someone you know is interested, and are between the **ages of 16 and 35**, please email Father Connor at father.connor@outlook.com.





ARCHDIOCESE
Ottawa - Cornwall
ARCHDIOCESE

AROUND THE DIOCESE ... !




LIFECOMPASS WORKSHOP RETREAT

CATHOLIC MEN

What are you doing March 2nd?


A NEW workshop retreat to help you eradicate passivity and build purpose in your life.



Presented by **Brett Powell**
Husband, father, grandfather.
Leadership coach for business executives and pastoral leaders.

Saturday, March 2nd, 2024 | 8:00am - 4:30pm
Annunciation of the Lord Parish | Ottawa, ON

BUILDMYLIFECOMPASS.COM



NIGHT OF WORSHIP MINISTRY 'COME TO ME': St. Mary's Parish is hosting an evening of praise, prophecy, teaching, and healing on **Friday, February 23 from 7—9pm**. The guest speaker is Fr. Francis Donnelly, CC, who will give a teaching on "God Fulfills His Promise".

LENTEEN RETREAT: On **Saturday, February 24** from **9:30am to 11:30am**, the **Canadian Martyrs Parish** (100 Main Street) is hosting a retreat, led by Fr. Peter Bisson, SJ, on the theme "*Decolonizing: A Change of Heart*". Please register by emailing the parish office at: office@canadianmartyrs.org.

ARE YOU NIGERIAN? IGBO? CATHOLIC? Join the Igbo Catholic Community for Mass (in the Igbo language!) on the **last Sunday of EVERY month** at St. Peter's Parish, 1640 Heatherington Road at 1:30 PM. Mass is followed by fellowship and refreshments in the Church Hall. Chaplain — Fr. Paul Nwaeze; Coordinator — John Anoliefo (289-988-2696); Info: info@igbomass-ottawa.ca.

IS THE LORD CALLING YOU TO SERVE HIM AS A PRIEST? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration. Each night will be held at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. To join the Quo Vadis email list or for more information, contact Fr. Connor O'Hara, the Vocations Director for the Ottawa-Cornwall Diocese at vocations@ottawacornwall.ca.

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