HOLY REDEEMER CATHOLIC CHURCH

Address: 44 Rothesay Drive, Kanata, ON K2L 2X1

Telephone: 613-836-1764; Website: www.holyredeemer.ca

13TH SUNDAY IN ORDINARY TIME - June 30, 2024

'Your faith has made you well; go in peace and be healed.' — Mark 5:34



MASS SCHEDULE Sunday Liturgy Mass Times Saturday Vigil: 5:00 pm Sunday: 8:00 am, 9:30 am, 11:00 am and 7:00 pm Weekday Mass Times 9:00 am Monday, Tuesday, Thursday and Friday: 9:00 am Wednesday: 7:00 pm 1st Saturday of the Month: 9:00 am Adoration 1st Friday 8:00 pm to 1st Saturday 8:45 am (All-Night Vigil) Monday, Tuesday and Friday: 8:15-8:45 am Wednesday: After 9am Mass (9:30 am-3:30 pm (with 3:00 pm Hour of Great Mercy Devotion) Reconciliation (or by appointment) Monday, Tuesday, Thursday, Friday: 8:15-8:45 am Wednesday: 6:15-6:45 pm Saturday: 4:00 pm-4:45 pm Sunday: 6:00 pm-6:45 pm

Wednesday:6:15–6:45 pm
Saturday:4:00 pm-4:45 pm
Sunday:6:00 pm-6:45 pm
PASTORAL COUNCIL
Chair: Hailey Krol <u>hailey.krol@gmail.com</u>
Co-Chair: Nick Rolheiser <u>n.rolheiser+holyredeemer@gmail.com</u>
Secretary: Sarah Groulx youngadulthr@gmail.com
Finance Operations Chair: Anita Henson (613) 314-1126
Safe Environment: Michael Kealey michael.kealey@gmail.com
<u>LITURGICAL MINISTRIES</u>
Adoration:
■ Thursday (9:30am-3pm): Sharon Stuyt (613) 838-5578
■ 1st Friday Vigil: Francine Dagenais Please call the parish office
• Wednesday Holy Hour for Vocations: Erin erinkinsella@live.ca
Altar Servers: Paola Pachecopaopac@yahoo.com
Altar Guild: Lee Armstrong (613) 831-1075
Catechesis of the Good Shepherd:
Kim Baudouin
Extraordinary Ministers of Holy Communion:
Peter Fortierpete.fortier@gmail.com
Lectors: → Ministry Lead needed!
Sacristans: Matthew Bisson
Ushers: Samuel Bonti-Ankomah (613) 271-6303
Vocations Ministry: Erin Kinsella erinkinsella@live.ca
PASTORAL CARE
■ Joanne Williamson
■ Julie Farrow willowfarrow@gmail.com
SACRAMENTAL FORMATION
Baptism Preparation Course reception@holyredeemer.ca
Franca Walsh (Ministry Lead) (613) 836-2219
Christian Initiation of Adults (RCIA):
David Dupuis (613) 709-5065
larra di antari da antari da antari

 Saturday 5:00 pm: Roberto Solis
 (613) 410-4904

 Sunday 9:30 am: Roberto Solis
 (613) 410-4904

 Sunday 11:00 am: Eddie Deogrades
 edeo@rogers.com

 Sunday 7:00 pm: Erin Kinsella
 erinkinsella@live.ca

 Funeral Choir: Jeanne Joinette
 (613) 868-9354

Christian Initiation of Children (CIC):

MUSIC MINISTRY (CHOIRS)

oled.' — Mark 5:34
<u>CLERGY</u> > Pastor: Fr. Paul Nwaeze:
> Associate Pastor: Fr. Steven Gaudetfr.stevengaudet@gmail.com
> Deacon: Rev. James Kubina:jgkubina@gmail.com > Deacon: Rev. Mike Doherty:midoherty1952@gmail.com
OFFICE STAFF
 Coordinator of Temporal Works Maureen Brannan:ctw@holyredeemer.ca Communications Coordinator Jeremy Eckert:communications@holyredeemer.ca
 Evangelization Coordinator Teresa Kargul:
Administrative Assistant Kim Jennings:admin@holyredeemer.ca Youth Minister: Cathy Kosshryouth@icloud.com
OFFICE HOURS – CLOSED on Wednesdays and Weekends Monday, Tuesday, Thursday, Friday 9:30 am to 4:00 pm
SOCIAL MISSION
Care for Creation: Mireille Church creation@ottawacornwall.ca Development and Peace: Liz Murphy
Refugee Committee: Many Lou Hakansson (613) 592-3530

<u> </u>
SOCIAL MISSION
Care for Creation: Mireille Church creation@ottawacornwall.ca
Development and Peace: Liz Murphy (613) 619-4413
Pro-Life: Ambra Kostyniuk(613) 271-1264
Refugee Committee:
■ Mary-Lou Hakansson(613) 592-3530
■ Cathy Deogrades(613) 558-9889
Saint Vincent de Paul Society: Patrick Nzobo Please call the office
Indigenous Peoples Committee:
Tony Ritchie <u>ritchieanthony3@gmail.com</u>
ORGANIZATIONS / GROUPS IN THE PARISH
Bereavement: hrbereavement@gmail.com
Bible Study: Darren Laval(613) 852-9966
Catholic Charismatic Renewal Prayer Group:
Justin holyredeemerprayergroup@gmail.com
Catholic Women's League: Lillian Delmas <u>delmas@rogers.com</u>
Couples for Christ: Angie & Allan Balberde <u>ajbalberde@yahoo.com</u>
Cursillo: Marc Bélanger (613) 836-2874
Liturgical Decorating Ministry: Sharon Stuyt (613) 838-5578
Divine Mercy Cenacle: Norma Dawes (613) 435-3469
Gardening Angels: Bev Murphy (613) 591-3989
Heart of Worship: Kirsten Eckertheartofworshiphr@gmail.com
Homeschool Ministrysarah.rolheiser@gmail.com
Knights of Columbus: Nick Rolheiser n.rolheiser+holyredeemer@gmail.com
Legion of Mary:
Adult: Balsam Blejani-Khalaf(613) 599-2723
■ Junior (6-16): Sarah Rolheiser(613) 435-2478
Library: Greg Kam(613) 863-6314
Prayer Shawl: Margaret Donahue(613) 836-7619
Restore: Hailey Krol(613) 315-9403
Religious Articles for Sale: Germaine Gaudet (613) 435-1084
Youth Group: Cathy Kosshryouth@icloud.com
Young Adults: Sarah Groulxyoungadulthr@gmail.com
Young Adult Hiking Group: father.connor@outlook.com

MASS INTENTIONS

13TH SUNDAY IN ORDINARY TIME

Saturday, June 29 5:00pm †Helen and Finley Kavanagh by Tom and Findley Kavanagh Sunday June 30 8:00 am Deceased members of the †Proulx Family by Jean Dugas

9:30 am †Gary Hewston by Agnes Ling

†Lisa Burton by Janet McDonald †Ashleen Anunobi by the Family

Birthday Blessings for Antoinette Wan-Kam by Josee Wan-Kam A special intention by Paul and Rosemary Kelly and Family

Intentions of Janice O'Dacre and Family by Dominic and Maria Pirrone

In thanksgiving by Mary Lou Oram

11:00 am Birthday Blessings for Laura Brannan by the Family

7:00 pm For the Parish Community

Monday July 1 Happy Canada Day

9:00 am †Joe McGrath by Gilberte McGrath

Tuesday July 29:00 am†Maria Chau Pham by the Pham FamilyWednesday July 37:00 pm†Allan Rodrigues by Joanne McSheffrey

Thursday July 4 9:00 am †Wayne MacKinnon by Wanda and Bernie Hartlin

First Friday July 5 9:00 am †Deceased members of the Hernandez Family by Dina and Jun Hernandez

8:00 pm ALL NIGHT ADORATION in reparation for sins committed against the

Sacred Heart of Jesus and the Immaculate Heart of Mary

First Saturday July 6 8:45 am Benediction

9:00 am †Katherine, Mary and Fred Jardine by Sheila Gagnon

14TH SUNDAY IN ORDINARY TIME

Saturday, July 6 5:00pm †Deceased members of the Corr and Taylor Families by Jack Corr

†Cristina Mendoza by Edgar Velez and Family

†Deceased members of the Espino and Madrid Families by Priscilla Madrid

†Leo Klump by the Knights of Columbus Council No. 9544

†Richard Hamilton by Justine Rechner †Yves Pierre D'Esposito by Josee Wan-Kam

†Ena Goldberger and David Bulechowsky by Brenda Keightley

Birthday Blessings for Luis Roberto and Jorge Solis by the Solis Family Healing and intentions of Monique Poirier by the Gaudet Family

Sunday July 7 8:00 am †William Quinn by Margo Weiss

9:30 am 40th Wedding Anniversary Blessings for Jun and Dina Hernandez by the Family

11:00 am †Thomas Lai Nguyen and Maria Sanh Truong and Holy Souls in Purgatory by the Truong Family

†Blair Couroux by Totsy and the MacRae Family †Allan Rodrigues by Jeanne and the Funeral Choir

†Lyall Houlahan by Pat Moore †Gemma Ferre by Virginia Tabera

†Leo Klump by the Knights of Columbus Council No. 9544

†Virginia Aguilar by Ian and Marie Subido

†Geni de Souza Sinhorin and Almind Sinhorin by Gilmar Sinhorin

In thanksgiving for the Cator and Rock Families Birthday Blessings for Mai Ling Li by the Legion of Mary

7:00 pm For the Parish Community

PRAYERS FOR THE SICK: Please pray for the sick among our families and friends, especially Sue T., Brian Descoteaux, Karen Robson, Juan Rodrigo Sanin Bedoya, Len Sukheo, Antonio Villasana, Cristina Grajales, Fernanda Paz, Ian McLellan, Richmond Guillermo, Carolyn Peppiatt, Rosella Donato, Catalina Perez, Lisa Profit, Lucy Cove, Alan King, Gail Anderson, Genevieve Dery, Annette Gibson, Linda Dupré, John and Lorraine L'Abbé, Pina DeCurtis, Brenda, Lisa Carter, Catherine Levasseur, Andrew and Mark Beyer, Mary Lou Oram, Hedy Stoqua, Serge Gagnon, Luc André Sabourin, Nikita Sabourin, Rebecca Gagnon, Sam Gagnon, Helen Fernihough, Ian Ketelaars, John Kelly, Carlos Arturo Gallego Henao, Alfredo Michelena, Diana Froh, Dan Rivet, Fr. Bob Poole, Homeless people with

disabilities, Bob Gemmell, Mallory McPherson, Maryanne Mason, Edgar Velez, Kim Vardon, Marie Jarrett, Nancy Campbell, Catherine and Steven Offierski, Diana Codogno, Suzanne Bisson, Monica Sale, Gladys Buermans, Andrew Jacob, Jimmy Bot, Bev Murphy, Aldina P., Tina Dory, Joseph Gunsberg, Giovanni Magliocco, Rhys Cox, the Beaulne Family, the Halaj Family, Zahra Ziaei, Kristin Wilson, Ken Kraglund, Dorothy Voldock, Mounira Abi Aad, Flora Pirez, Franca Cervo, Maria Pirrone, Ches Power, Marcel Morin, Dan Cillis, Rauel Carvalho, Ronald Malcolm.

PRAYERS FOR THE DECEASED: Let us pray for deceased family and friends of our Parish Community, especially Patty Puff, Virginia Aguilar, Marilisa Gronzotto, Peter Ambroziak and Angela Rao.

THE HOLY FATHER'S PRAYER INTENTIONS: For JUNE — We pray that migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome and new opportunities in the countries that receive them. For JULY — For the pastoral care of the sick: We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.



Hello! Welcome to Holy Redeemer Parish!



If you are new to our Parish Community, please make sure to drop by our 'Welcome Area' in the vestibule! If you would like to register as a parishioner, please visit our website and click "I'm New" or scan the QR code. We're delighted you've joined us!



SUNDAY REFLECTION

13th SUNDAY IN ORDINARY TIME

"Your faith has made you well; go in peace and be healed." — Mark 5:34

God, who formed us in His imperishable image, did not intend for us to die, we hear in today's First Reading. Death entered the world through the devil's envy and Adam and Eve's sin; as a result, we are all bound to die.

But in the moving story in today's Gospel, we see Jesus liberate a little girl from the possession of death.

On one level, Mark is recounting an event that led the disciples to understand Jesus' authority and power over even the final enemy, death (see 1 Corinthians 15:26). On another level, however, this episode is written to strengthen our hope that we too will be raised from the dead, along with all our loved ones who sleep in Christ (see 1 Corinthians 15:18).

Jesus commands the girl to "Arise!"— using the same Greek word used to describe His own resurrection (see Mark 16:6). And the consoling message of today's Gospel is that Jesus is the resurrection and the life. If we believe in Him, even though we die, we will live (see John 15:25–26).

We are called to have the same faith as the parents in the Gospel today—praying for our loved ones, trusting in Jesus' promise that even death cannot keep us apart. Notice the parents follow Him even though those in their own house tell them there is no hope, and even though others ridicule Jesus' claim that the dead have only fallen asleep (see 1 Thessalonians 4:13–18).

Already in Baptism, we've been raised to new life in Christ. And the Eucharist, like the food given to the little girl today, is the pledge that He will raise us on the last day.

We should rejoice, as we sing in today's Psalm, that He has brought us up from the netherworld, the pit of death. And, as Paul exhorts in today's Epistle, we should offer our lives in thanksgiving for this gracious act, imitating Christ in our love and generosity for others.

— Reflection by Dr. Scott Hahn, St. Paul University

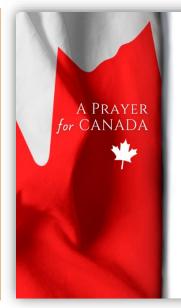
Happy Canada Day! Wishing you a day filled with joy, laughter, and unforgettable memories as we celebrate this beautiful Nation on July 1st. May peace reign in our hearts and in our Country. God Bless Canada!



ARE YOU GOING AWAY THIS SUMMER?

Holy Redeemer Parish still needs your support during the summer months as our expenses are ongoing and many projects are scheduled. Why not sign up for PRE-AUTHORIZED DONATIONS (PAD) and take the worry out of catching up on your donations in the Fall?

To set up an automatic donation, please contact Maureen Brannan at ctw@holyredeemer.ca, or call the parish office at 613-836-1764.





look on the people of our land and bless us all. Help us to be brothers and sisters to all the world and to work for peace and love. Be with us, Jesus, and bless Canada, for you are our Lord and Saviour for ever. Amen. St. Joseph, pray for us.

Prayer from the Blessings and Prayers for Home and Family, CCCB



PARISH MISSION STATEMENT:

Our Community lives the Way, the Truth, and the Life, by reaching out with the Good News to Welcome, to Serve and to Care.

PARISH THEME: Go and make disciples of all nations. (Matthew 28:1)

MASS READINGS

13TH SUNDAY IN ORDINARY TIME:

Job 38:1-4, 8-11++; 2 Cor 5:14-17; Mark 4:35-41

<u>Monday</u>: Amos 2:6-10, 13-16; Matt 8:18-22 <u>Tuesday</u>: Amos 3:1-8; 4:11-12; Matt 18:23-27

Wednesday: Saint Thomas, Apostle

Eph 2:19-22; John 20:24-29

"No".

Thursday: Amos 7:10-17; Matt 9:1-8 Friday: Amos 8:4-6, 9-12; Matt 9:9-13 Saturday: Amos 9:11-15; Matt 9:14-17 14TH SUNDAY IN ORDINARY TIME:

Ez 2:3-5: 2 Cor 12:7-10: Mark 6:1-6

SACRAMENTS and ADORATION

Baptism: Three (3) months notice required to complete Sacramental preparation.

Marriage: 6 months notice required before proposed wedding date.

Reconciliation:

Monday, Tuesday, Thursday, Friday: 8am—8:45am; Wednesday: 6pm—6:45pm; Saturday: 4pm—4:45pm; and Sunday: 6pm—6:45pm; *also by appointment*.

Sacrament of the Sick / House Blessings: Please phone the office.

Adoration: Please note, at times we will have to cancel Adoration due to funerals,

etc. Please check the website or call the office to confirm hours.

† ALL-NIGHT VIGIL: 1st Friday 8:00pm to 1st Saturday 8:45am

₱ Monday, Tuesday, Friday: 8:15am-8:45am

Thursday (after Mass): 9:30am to 3:30pm (3pm Great Hour of Mercy)

PARISH MINISTRY HAPPENINGS ...

PARISH CONSTITUTION

The Parish Pastoral Council is pleased to announce that the **proposed changes** to our parish constitution **have been adopted** following the vote at our parish Annual General Meeting on June 12, 2024.

There were 71 votes for "Yes" and 3 votes for

Our parish constitution is available at https://www.holyredeemer.ca/constitution.

'TESTIMONY' TRAINING WORKSHOP!

Holy Redeemer will be hosting a Testimony Training Workshop on **Saturday July 20 from 10AM to 1PM**.

If you are interested in learning more about how to **share the story of your faith journey** with others, take the time to register!

For more information and to register, contact Teresa Kargul at the parish office at **613-836-1764, Ext 4**; or email

evangelization@holyredeemer.ca).

ALL NIGHT VIGIL EUCHARISTIC ADORATION

First Friday, July 5 and First Saturday, July 6

in reparation for sins committed against the Most Sacred Heart of Jesus and the Immaculate Heart of Mary



All Night Eucharistic Adoration Vigil will begin on First Friday, July 5 with Benediction on Saturday at 8:45AM followed by First Saturday 9AM Mass. Link to SIGN-UP for Adoration HERE.

MONTHLY SUMMED BILLE

SUMMER BULLETINS ...!

During the summer, we will only have <u>ONE</u> bulletin <u>per</u> <u>month</u> in July and August — one on **July 7th** and one on **August 4th**. The bulletin will resume on a weekly basis starting on September 1st.

If you would like to place an announcement in the July edition, please let the office know before 4PM THIS Tuesday July 4th. Weekly bulletins will resume in September.

Time for summer break!

PARISH MINISTRY HAPPENINGS CONTINUED ...

CARE FOR CREATION

DIGNITY OF LIFE

In April of this year, the Dicastery for Doctrine of the



Faith released "Dignitas Infinita" (Infinite Dignity) that highlights the indispensable nature of the dignity of the human person. A healthy understanding of human dignity is at the heart of a Catholic Christian anthropology and at the foundation of Catholic social teaching.

"Those who are committed to defending human dignity can find in the Christian faith the deepest reasons for this commitment. How wonderful is the certainty that each human life is not adrift in the midst of hopeless chaos, in a world ruled by pure chance or endlessly recurring cycles!

The Creator can say to each one of us: "Before I formed you in the womb, I knew you" (Jer 1:5). We were conceived in the heart of God, and for this reason "each of us is the result of a thought of God. Each of us is willed, each of us is loved, each of us is necessary" (from Laudato Si §65).

NATIONAL INDIGENOUS PEOPLES

All parishioners, their family and friends are invited to participate in the following activity celebrating Indigenous history and culture:



Chief Pinesi Day, July 1, 8:00-2:00, New Edinburgh Park Fieldhouse (kichisibiancienttrails.ca/2024/01/11/2191/).



Fatima for a one-week period. To arrange a visit of Our Lady, please contact Balsam Blejani-Khalaf (613-599-2723; bblejanikhalaflom@gmail.com).

RELIGIOUS ARTICLES FOR SALE: For those special gifts, come browse our display in the Hall, or view our online shop (HERE). If you have



questions, or the item you are seeking is not displayed. please call Germaine Gaudet at 613-435-1084, and she will place the order for you.

CHAPLET OF THE HOLY FACE OF JESUS: Please join us **EVERY Monday** after the 9AM Mass to recite the Chaplet of the Holy Face of Jesus.





CATHOLIC WOMEN'S LEAGUE PRAYER

BOX: We invite you to place your intentions in this prayer box and CWL members will raise

them in prayer on your behalf. Rest assured that we will never open your papers, nor read your words. We prayerfully trust that our Lord knows your needs. The papers are burnt unopened at the end of the month.

PRO-LIFE MINISTRY

EVANGELIUM VITAE (Gospel of Life)

The Pro-Life Ministry will be reading and discussing the encyclical Evangelium Vitae (Gospel of Life) by John Paul II over the next few months during our monthly meetings (first session on Monday, July 8). Please join us if you are interested.



For more info, please contact Ambra at 613-271-1264 or email prolife.hrparish@gmail.com. Link to the encyclical Evangelium Vitae from the Vatican website at: https://www.vatican.va/content/john-paul-ii/en/ encyclicals/documents/hf jpii_enc_25031995_evangelium-vitae.html.



SAINT VINCENT DE PAUL (SSVP) OTTAWA CENTRAL COUNCIL



Serving the poor with love, respect, justice, hope and joy!

'CATCH THE ACE' LOTTERY'

The Ottawa Central Council of the SSVP is pleased to announce Round-4 of the weekly 'Catch the Ace' lottery.



The draw is **EVERY** Tuesday until the Ace of Spades is drawn. Tickets can be purchased EARLY for \$10 (online)

Proceeds go to support the Multi-faith Housing Initiative for affordable, safe and permanent housing for Indigenous and new Canadians. For more info, please visit: https://ssvpottawa.ca/. Thank you!

PRAYER SHAWL MINISTRY: Did you know that Holy Redeemer is blessed to have a ministry that makes beautiful prayer shawls for people in our community who are in need of a prayer and a hug to



comfort them through their trying times? We have shawls for men, women, children as young as preemies, in various colours and patterns! If you know anyone who could benefit service, Margaret from this free call Donahue (hrprayershawlmin@gmail.com; 613-836-7619), and she will make arrangements to connect and provide you with one of these beautiful, hand-made gifts to brighten someone's day.

PARISH VOCATIONS MINISTRY: Adoration EVERY Wednesday after WOCATION MINISTRY We invite you to an hour of



the 7:00pm Mass. Join us as we pray for an increase in the response to God's call to the priesthood, diaconate, religious life, consecrated life, and marriage.

PUBLIC ROSARY ACROSS CANADA:



WHY: To entrust the whole world to Our Lady, and to ask Her to intercede for our province, our country, and the world — we join in prayer with parishes across Canada. WHERE: Outside by the parish office door, in front of Our Lady's statue.

WHEN: Every Wednesday at 6:15PM.



DIOCESAN PILGRIMAGES AND OTHER EVENTS

67TH ANNUAL PILGRIMAGE TO OUR LADY OF KNOCK SHRINE AT ST. MALACHY'S CHURCH IN MAYO, QUEBEC: On Sunday August 18 we will hold our annual pilgrimage to honour Our Lady's apparition at Knock, County Mayo, Ireland which took place on August 21, 1879. An English Mass will be celebrated by Bishop Jean-Louis Plouffe (Bishop Emeritus of Sault St. Marie and Ottawa native), and con-celebrated by Father Greg Murray of St. Malachy's Parish.

Info: stmalachyolv.com/pilgrimage.asp; Contact: Mrs. Ellen Butler 819-986-3860; or Mrs. Virginia Sellers 819-281-6490 mayopilgrimage@gmail.com. See flyer posted in vestibule.

ENCOUNTER SCHOOL OF MINISTRY — OTTAWA CAMPUS SUMMER INTENSIVE

2024: St. Mary's Parish invites you to have a taste of the talks that you would receive from the first 4 quarters of the Encounter



School of Ministry (Identity & Transformation, Hearing God & the Prophetic Gifts, Power & Healing, and Inner Healing & Freedom) — July 22 - 25 (Monday to Thursday); Cost: \$40; 6:00pm - 9:30 pm (5:30 pm supper - optional) St. Mary's Ottawa

REGISTER: https://encounter ottawa campus.regfox.com/encounter-ottawa-2024-summer-intensive. **Info**: ottawa@encounterschool.org



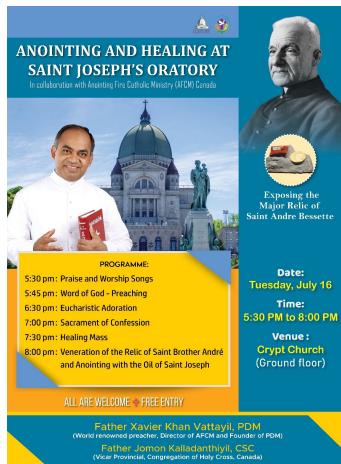
OTTAWA PASTORAL CARE TRAINING (Inter-denominational Program): This fall we again are offering the Basic Training Course both in-person (afternoons) and online by Zoom (evenings). Both courses begin Monday, September 16 and run weekly until November 25 (excluding Thanksgiving Monday). Our Fall 2024 Basic Training Course brochure is available at https://ottawapastoralcare.com/wp-content/uploads/2024/05/Fall-2024-.Basic-Course-Brochure.pdf

→ We are also presenting a **Continuing Education** event on **Tuesday November 5 from 7—9pm** by ZOOM. This session is called 'A Pastoral Response to the Challenges of MAiD' and will explore an approach focusing on compassion, empathy and journeying with patients as they search for meaning in their suffering. The presentation will not condone or condemn MAiD as a treatment option. Instead, it will focus on how pastoral care volunteers can journey with patients, listen to their struggle and assist them with their own meaning around life and death issues. The session will be led by Roshene Lawson, Clinical Chaplain with Bruyère Continuing Care at St. Vincent Hospital in Ottawa. **Program brochure link** is here: https://ottawapastoralcare.com/wp-content/

uploads/2024/05/Fall-2024.Con-Ed-Brochure.pdf.

150TH ANNIVERSARY OF THE ANNUAL PILGRIMAGE TO STE-ANNE-DE-BEAUPRÉ AND OUR LADY OF THE CAPE:

From the Dioceses of Ottawa-Cornwall, Pembroke, Mont-Laurier/St-Jérôme, Kingston and Gatineau on **August 10-11**. Our Weekend Celebrants are: Archbishops Marcel Damphousse, Terrence Prendergast, Guy Desrochers, and Bishops Yvan Mathieu, Raymond Poisson, and Pierre Goudreault. This may be the last Annual Pilgrimage due to health issues with the Rector of the Shrine and myself. To **registration**, contact mike.budge@bell.net or visit www.ste-anne-de-beaupre.com. Flyer posted in vestibule.





IS THE LORD CALLING YOU TO SERVE HIM AS A PRIEST? Join other men discerning the priesthood for

monthly formation, fellowship, and Eucharistic Adoration. Each night will be held at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. To join the Quo Vadis email list or for more info, contact **Fr. Connor O'Hara**, the Vocations Director for the Ottawa-Cornwall Diocese at vocations@ottawacornwall.ca.



ARE YOU NIGERIAN? IGBO? CATHOLIC? Join the Igbo Catholic Community for Mass (in the Igbo language!) on the last Sunday of EVERY month at St. Peter's Parish, 1640 Heatherington Road at 1:30 PM. Mass is followed by fellowship

and refreshments in the Church Hall. Chaplain — Fr. Paul Nwaeze; Coordinator — John Anoliefo (289-988-2696); Info: info@igbomass-ottawa.ca.

YOUTH MINISTRY CONNECTION!



YOUTH MINISTRIES

The following Youth Ministries will be breaking for the summer. Make sure to keep an eye out in August for the return dates ...!

- 1. Sunday morning <u>Children's</u>
 <u>Liturgy of the Word</u> We'll be back in September!
- 2. Friday Night Youth Group: The 'Rock' and 'JAM' See ya in the Fall!
- 3. Young Adults Group Thanks for an amazing year! We'll resume our bi-weekly get togethers in September!





CALLING ALL HEROES!

BIBLE CAMP 2024 HOLY HEROES IN HEAVEN!

July 15 to July 19

8:45am to 12 Noon (SK to Grade 6 in September 2024) \$30 per camper or \$60 per family TO REGISTER: email Cathy Koss at hryouth@icloud.com or call the office at (613) 836-1764.

YOUNG ADULTS HIKING GROUP:



Join Father Connor on a hike and enjoy some followship and the board

fellowship and the beauty of God's creation. If you, or someone you know is interested, and are between the **ages of 16 and 35,** please email Father Connor at father.connor@outlook.com.

CATECHESIS OF THE GOOD SHEPHERD (CGS)



The CATECHESIS OF THE GOOD SHEPHERD (CGS) program has wrapped up for the year! CGS is a time-tested approach to faith formation that feeds the deepest needs of

children, allowing each one to get to know God personally. In a retreat-like atmosphere and through the use of special materials designed just for them, children hear the Word proclaimed and grow in their relationship with God. This year, the Atrium at St. Joseph's House, right beside Holy Spirit Parish, welcomed 8 children. Some will be back and space will open for new children to join as well!

Please consider signing up your child if they are between the ages of 3—5. CGS is unlike any other programs in its approach. Volunteers are always welcome.

If you have any questions, please contact Kim Baudouin at (613) 884-8475.

CGS has a need for growth within this program and that's why Ottawa will once again host a training program for catechists this summer.

This July, **HOLY REDEEMER WILL HOST** the CGS course forming catechists in the approach to children's catechesis called Catechesis of the Good Shepherd. Two formation leaders from out of town will require a place to stay for four nights, **Monday July 22 to Friday July 26** inclusive.

If you can offer separate sleeping arrangements with bathroom access for two women, along with five breakfasts and three or four dinners, please contact the course registrar: Dale (613-225-0988; dale@stmauriceparish.com). Grocery costs for the meals can be reimbursed. Your house guests will be gone daily from before 8AM until after 5PM.

70% of spouses don't know the details of their partner's final wishes

Start the conversation. Call: 613-591-6580



Kelly Funeral Home Kanata Chapel

by Arbor Memorial kellvfh.ca/Kanata

Kevin Sawyer LLB, BCL

General Practice

Lawyer & Notary

613-265-8317

kevinsawyer@sawyerlaw.ca

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