

HOLY REDEEMER CATHOLIC CHURCH

Address: 44 Rothesay Drive, Kanata, ON K2L 2X1

Telephone: 613-836-1764; Website: www.holyredeemer.ca



3RD SUNDAY IN LENT – MARCH 3, 2024

‘Destroy this temple and in three days I will raise it up.’ — John 2:19

MASS SCHEDULE

Sunday Liturgy Mass Times

Saturday Vigil: 5:00 pm
Sunday: 8:00 am, 9:30 am, 11:00 am and 7:00 pm

Weekday Mass Times

Monday, Tuesday, Thursday and Friday: 9:00 am
Wednesday: 7:00 pm
1st Saturday of the Month: 9:00 am

Adoration

1st Friday 8:00 pm to 1st Saturday 8:45 am (*All-Night Vigil*)
Monday, Tuesday and Friday: 8:15–8:45 am
Wednesday: After 7pm Mass
Thursday: After 9am Mass (9:30 am–3:30 pm)
(with 3:00 pm Hour of Great Mercy Devotion)

Reconciliation (or by appointment)

Monday, Tuesday, Thursday, Friday: 8:15–8:45 am
Wednesday: 6:15–6:45 pm
Saturday: 4:00 pm–4:45 pm
Sunday: 6:00 pm–6:45 pm

PASTORAL COUNCIL

Chair: Matthew Bisson (613) 769-1767
Co-Chair: Erin Kinsella erinkinsella@live.ca
Secretary: Nick Rolheiser n.rolheiser+holyredeemer@gmail.com
Finance Operations Chair: Art Lamarche (613) 592-4820
Safe Environment: John Gaudet (613) 800-1833

LITURGICAL MINISTRIES

Adoration:
▪ Thursday (9:30am-3pm): Sharon Stuyt (613) 838-5578
▪ 1st Friday Vigil: Francine Dagenais *Please call the parish office*
▪ Wednesday Holy Hour for Vocations: Erin erinkinsella@live.ca
Altar Servers: Paola Pacheco paopac@yahoo.com
Altar Guild: Lee Armstrong (613) 831-1075
Catechesis of the Good Shepherd:
Kim Baudouin (613) 884-8475
Children's Sunday Liturgy: Cathy Koss hryouth@icloud.com
Extraordinary Ministers of Holy Communion:
Peter Fortier pete.fortier@gmail.com
Lectors: Kevin Sawyer kevin.sawyerkj@gmail.com
Sacristans: Matthew Bisson (613) 769-1767
Ushers: Samuel Bonti-Ankomah (613) 271-6303
Vocations Ministry: Erin Kinsella erinkinsella@live.ca

PASTORAL CARE

▪ Joanne Williamson (613) 884-2106
▪ Julie Farrow willowfarrow@gmail.com

SACRAMENTAL FORMATION

Baptism Preparation Course reception@holyredeemer.ca
Franca Walsh (Ministry Lead) (613) 836-2219
Christian Initiation of Adults (RCIA):
David Dupuis (613) 709-5065
Christian Initiation of Children (CIC):
Sharon Groulx cic@holyredeemer.ca
Marriage Preparation Course hryouth@icloud.com

MUSIC MINISTRY (CHOIRS)

Saturday 5:00 pm: Roberto Solis (613) 410-4904
Sunday 9:30 am: Roberto Solis (613) 410-4904
Sunday 11:00 am: Eddie Deogrades edeo@rogers.com
Sunday 7:00 pm: Erin Kinsella erinkinsella@live.ca
Funeral Choir: Jeanne Joinette (613) 868-9354

CLERGY

- **Pastor:** Fr. Paul Nwaeze: pnwaeze@holyredeemer.ca
- **Associate Pastor:** Fr. Connor O'Hara: father.connor@outlook.com
- **Associate Pastor:** Fr. Steven Gaudet fr.stevengaudet@gmail.com
- **Deacon:** Rev. James Kubina: jgkubina@gmail.com
- **Deacon:** Rev. Mike Doherty: midoherthy1952@gmail.com

OFFICE STAFF

- **Coordinator of Temporal Works**
Maureen Brannan: ctw@holyredeemer.ca
- **Communications Coordinator**
Jeremy Eckert: communications@holyredeemer.ca
- **Evangelization Coordinator**
Teresa Kargul: evangelization@holyredeemer.ca
- **Receptionist:**
Paola Pacheco: reception@holyredeemer.ca
- **Administrative Assistant**
Kim Jennings: admin@holyredeemer.ca
- **Youth Minister ~ Cathy Koss:** hryouth@icloud.com

OFFICE HOURS – CLOSED on Wednesdays and Weekends

Monday, Tuesday, Thursday, Friday 9:30 am to 4:00 pm

SOCIAL MISSION

Care for Creation: Mireille Church creation@ottawacornwall.ca
Development and Peace: Liz Murphy (613) 619-4413
Pro-Life: Ambra Kostyniuk (613) 271-1264
Refugee Committee:
▪ Mary-Lou Hakansson (613) 592-3530
▪ Cathy Deogrades (613) 558-9889
Saint Vincent de Paul Society: Patrick Nzobo .. *Please call the office*
Indigenous Peoples Committee:
Tony Ritchie ritchieanthony3@gmail.com

ORGANIZATIONS / GROUPS IN THE PARISH

Bereavement: Kafui Sawyer hbereavement@gmail.com
Bible Study: Darren Laval (613) 852-9966
Catholic Charismatic Renewal Prayer Group:
Justin holyredeemerprayergroup@gmail.com
Catholic Women's League: Lillian Delmas delmas@rogers.com
Couples for Christ: Edgar Acosta (613) 315-0702
Cursillo: Marc Bélanger (613) 836-2874
Decorating Ministry: Sharon Stuyt (613) 838-5578
Divine Mercy Cenacle: Norma Dawes (613) 435-3469
Gardening Angels: Bev Murphy (613) 591-3989
Heart of Worship: Kirsten Eckert heartofworshiphr@gmail.com
Homeschool Ministry sarah.rolheiser@gmail.com
Knights of Columbus: Wayne Watts (613) 852-0094
Legion of Mary:
▪ Adult: Balsam Blejani-Khalaf (613) 599-2723
▪ Junior (6-16): Sarah Rolheiser (613) 435-2478
Library: Greg Kam (613) 863-6314
Prayer Shawl: Margaret Donahue (613) 836-7619
Restore: Hailey Krol (613) 315-9403
Religious Articles for Sale: Germaine Gaudet (613) 435-1084
Youth Group: Cathy Koss hryouth@icloud.com
Young Adults: Sarah Groulx youngadultthr@gmail.com
Young Adult Hiking Group: father.connor@outlook.com



PARISH MISSION STATEMENT

“Go therefore and make disciples of all nations, baptizing them in the Name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.” — Matthew 28:19-20

MASS INTENTIONS

3RD SUNDAY IN LENT

Saturday March 2

5:00 pm †Victor Petry by Helen Gollesch
8:00 am †John and Albert Kirkham by Loretta Kirkham
9:30 am †Ibrahim Khoury by Awad Khoury and Family
11:00 am †Michel Campeau and members of the Campeau Family by Gilberte McGrath
†Argentina Del Borello and Guglielmo Del Borello by Alison Mirabelli
†Juliet Erica Allen by Brittney Ngombo
†František Kaleta by the Dzimko Family
†Art Wallace by Kim Jennings
†Edgardo Bartolomé by Grace Alina
Birthday Blessings for John and Paul McParland by the Brannan Family
7:00 pm For the Parish Community

Monday March 4

9:00 am †Maria Chau Pham by the Pham Family
†Thérèse Melanson from Jeannine and Joe LeBlanc
Intentions of the Tate Family by Mary Lou Oram
Intentions of Sharon and Fred Stuyt; Kevin and Marie Stuyt and Family;
and Renée and Gerald Guevara by D’Arcy and Fitzi Grant

Tuesday March 5

9:00 am Emma MacLaren by Kimberly Peppiatt

Wednesday March 6

7:00 pm †George Coade by Trish and Marc Belanger

Thursday March 7

9:00 am †Monsignor Peter Schonenbach by Wanda and Bernie Hartlin

Friday March 8

9:00 am †Paula Tatiana Gallego by Paola Pacheco and Family

4TH SUNDAY IN LENT

Saturday March 9

5:00 pm For the Parish Community

Sunday March 10

8:00 am †John and Albert Kirkham by Loretta Kirkham
9:30 am †Nicholas Saloman by T.J. and Cathy Koss
†Nicholas Zaionchkovsky by Josee Wan-Kam
†Joseph Zhang and Mary Cao by Xiao Yun Zhang
†Veronica Clavijo Pacheco by the Family
†Shirley Despres by John and Germain Gaudet
†Rozina Horvat by the Hozjan Family
Intentions and healing of Genevieve Dery by Michael and Josephene Kealey and Family
11:00 am †Msgr. Peter Schonenbach, Founding Pastor of Holy Redeemer by HR Foundation Committee
7:00 pm †David Windrim by Nuala, Mike and Family



PRAYERS FOR THE SICK: Please pray for the sick among our families and friends, especially Genevieve Dery, Annette Gibson, Linda Dupré, John and Lorraine L’Abbé, Victorino B. Jose, Pina DeCurtis, Brenda, Ian McLellan, Lisa Carter, Catherine Levasseur, Andrew Beyer, Mary Lou Oram, Hedy Stoqua, Serge Gagnon, Luc André Sabourin, Nikita Sabourin, Rebecca Gagnon, Sam Gagnon, Helen Fernihough, Ian Ketelaars, Chantal D., John Kelly, Carlos Arturo Gallego Henao, Alfredo Michelena, Luz Elena Ocampo, Diana Froh, Hiep Vuong, Dan Rivet, Fr. Bob Poole, Anne Louise L., Homeless people with disabilities, Bob Gemmell, Mallory McPherson, Maryanne Mason, Edgar Velez, Kim Vardon, Marie Jarrett, Nancy Campbell, Catherine and Steven Offierski, Diana Codogno, Suzanne Bisson, Marilisa Gronzotto, Monica Sale, Gladys Buermans, Andrew Jacob, Jimmy Bot, Bev Murphy, Aldina P., Tina Dory, Joseph Gunsberg, Giovanni Magliocco, Rhys Cox, the Beaulne Family, the Halaj Family, Zahra Ziaei, Kristin Wilson, Ken Kraglund, Dorothy Voldock, Mounira Abi Aad, Flora Pirez, Franca Cervo, Martha Klump, Maria Pirrone, Ches Power, Marcel Morin, Dan Cillis, Rael Carvalho, Ronald Malcolm. **PRAYERS FOR THE DECEASED:** Let us pray for deceased family and friends of our Parish Community, especially Jonathan Riddell and Cathy Kayser.



THE HOLY FATHER’S PRAYER INTENTIONS FOR MARCH:

Let us pray for the new martyrs. We pray for those around the world who risk their lives for the Gospel, to inspire the Church with their courage and missionary zeal.

MASS READINGS

3RD SUNDAY OF LENT:

Ex 20:1-17; 1 Cor 1:18, 22-25++; John 2:13-25

Monday: 2 Kings 5:1-15a; Luke 4:24-30

Tuesday: Dan 3:25, 34-43; Matt 18:21-35

Wednesday: Deut 4:1, 5-9; Matt 5:17-19

Thursday: Jer 7:23-28; Luke 11:14-23

Friday: Hosea 14:1-9; Mark 12:28b-34

Saturday: Hosea 5:15b-6:6++; Luke 18:9-14

4TH SUNDAY OF LENT:

2 Chron 36:14-17a, 19-23++; Eph 2:4-10; John 3:14-21

SACRAMENTS and ADORATION

Baptism: Three (3) months notice required to complete Sacramental preparation.

Marriage: 6 months notice required before proposed wedding date.

Reconciliation (also by appointment):

Monday, Tuesday, Thursday, Friday: 8—8:45 am;

Wednesday: 6—6:45pm; Saturday: 4—4:45 pm; Sunday: 6—6:45pm

Sacrament of the Sick / House Blessings: Please phone the office.

Adoration: Please note, at times we will have to cancel Adoration due to funerals, etc. Please check the website or call the office to confirm hours:

✠ALL-NIGHT VIGIL: 1st Friday 8:00 pm to 1st Saturday 8:45 am

✠Monday, Tuesday, Friday: 8:15 am-8:45 am

✠Wednesday: After Mass (to pray for Vocations)

✠Thursday (after Mass) 9:30am to 3:30pm (3pm Great Hour of Mercy)



Hello! Welcome to Holy Redeemer Parish!

If you are new to our Parish Community, please make sure to drop by our 'Welcome Area' in the vestibule! If you would like to register as a parishioner, please visit our website and click "I'm New", or scan the QR code. *We're delighted you've joined us!*



THANK YOU FROM NIGERIA! YOUR KINDNESS MEANS MORE THEN YOU KNOW ...

Father Paul received many letters of thanksgiving and gratitude for the financial assistance they received by parishioners of Holy Redeemer and we wish to share a couple of the letters here ...

More will be shared through Flocknote. Not on Flocknote?! Register [HERE!](#)

Good day Great People of redeemer Parish, my name is now Chizy I am in JSS 3 I am writing this letter to you all last to say thank you for the great opportunity for me to continue my Education. I really Appreciate you for being kind and I promise I won't quit school. Thank for your kind gesture to award me. I really Appreciate you all, I never knew I will continue my schooling. But you all make it possible for me, am so grateful, may God continue to strengthen you all. Bless you more and more in Jesus Name AMEN

Thank you



I want to express my gratitude for you people's kind gesture towards my children, really you people were God sent to my family, since the death of my husband my children stopped going to school because my husband took everything my husband has and left me and my children with nothing to take care of six children, but through the intervention of Rev. Fr. Paul Nwagwe, it was really a turn around for me and my six children. My children can now go to school with ease because my little farm work cannot help me to train them in school. God really intervened in my life through Rev. Fr. Paul Nwagwe.



I would like to take this opportunity to express my sincere gratitude for your generous assistance with my school fees. I am deeply appreciative of your support and cannot thank you enough for your help. Your generosity has made it possible for me to continue my education, and I am committed to making the most of this opportunity. You have not just relieved my parents of the stress but with me included helping me to be able to focus on my studies. I can now pursue my goals without worrying about school fees payment. Thank you again for your kindness and support.

OUR LENTEN JOURNEY

LENTEN PENANCE SERVICE

Wednesday, March 20 at 7PM

Several Priests available for Confession

Service only — *not a Mass*
(9AM Weekday Mass added)



STATIONS OF THE CROSS

Fridays at 7PM

- February 16 Led by the Knights of Columbus
- February 23 Led by Catholic Women's League
- March 1 Led by Pro-Life Ministry
- March 8** Led by the Legion of Mary
- March 15 Led by St. Vincent de Paul
- March 22 Led by Care for Creation
- Good Friday, March 29 Youth Tableau



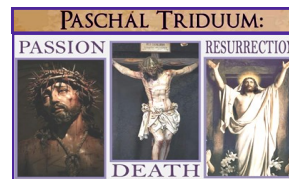
HOLY WEEK MASS SCHEDULE

Monday March 25 9AM

Tuesday March 26

- Parish Weekday Mass 9AM
- Chrism Mass at Notre Dame Cathedral 5PM

Wednesday March 27 7PM



HOLY THURSDAY March 28 **7PM**

GOOD FRIDAY March 29

- Divine Mercy Novena Day-1 11:40AM and 2:40PM
- Passion Service **12 Noon** and **3PM**
- Youth Tableau 7PM

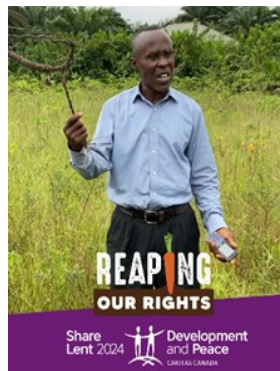
HOLY SATURDAY March 30 (no Confession) **8PM**

EASTER SUNDAY March 31 **9AM** and **11AM**
..... (No 7PM Mass on Easter Sunday)

PARISH HAPPENINGS ...

Development and Peace — Denouncing oil pollution in Nigeria

Nigeria is Africa's largest economy and biggest oil producer. Despite oil exports worth billions of dollars, millions of Nigerians remain in poverty and face food insecurity. In the south, pollution and contamination by the oil industry are causing great hardship.



Development and Peace — Caritas Canada's partner Health of Mother Earth Foundation (HOMEF) defends farmers' rights and helps protect their lands.

To learn more about the work of HOMEF, read our [Mini-magazine](#) and watch the video at [devp.org/lent](#)

This weekend, you may also pick up a hardcopy of the mini-magazine D&P display in the vestibule.

CARE FOR CREATION: If you are looking for concrete ways to make your Lenten observation meaningful, try giving up some items suggested by Citizens for Public Justice, a Christian Canadian group. Suggestions are available on our website at <https://holyredeemer.ca/lent-resolutions>.



SACRISTANS NEEDED!

Additional Sacristans are required for:

**ALL Weekday Masses, and
Sunday 8am and 9:30am Masses.**

WHAT DO WE DO? We prepare and clean up liturgical elements of the Mass (hosts, vessels, linens, books, candles, etc.)

WHAT IS BEAUTIFUL ABOUT THIS ROLE? Working with sacred items; background service for fellow parishioners.

WHAT QUALITIES ARE NEEDED FOR THIS ROLE? The ability to learn vocabulary and protocols; confident with simple arithmetic; confident reading written instructions; a desire to be helpful to fellow parishioners.

TRAINING: Two sessions, each 1—2 hours long and followed by supervised practice.

TIME COMMITMENT: Approximately two hours (including attending Mass) every 2-3 weeks.

MORE INFORMATION: You can view [an online 10-minute "information session" here](#).

NEXT STEP: Contact Matthew Bisson (613-769-1767 or matthew.r.bisson@gmail.com). We'll discuss the role and see if it's a good fit for you.

SPRING BEREAVEMENT GROUP SUPPORT

The Bereavement Ministry was established in 2018 to meet the growing needs of those who have lost a loved one and who are in need of grief support.



This Ministry offers a welcoming space that enables people to share their grief story in a safe and confidential manner while providing the tools and resources necessary to successfully manage grief.

If you wish to journey with us, our next Bereavement group support will commence on **Tuesday, March 26, at 7pm**. **Registration is required as space is limited.** For further information please contact us at: hrbereavement@gmail.com

Shamrocks

On the weekends of **March 2/3, March 9/10 and March 16/17**, members of the Knights of Columbus will have Shamrocks available in the vestibule **in support of the Residents of Saint Patrick's Home.** A freewill offering would be very much appreciated.
KofC Holy Redeemer Council 9544



PRO-LIFE EVENTS

PRO-LIFE TALK ON EUTHANASIA APOLOGETICS — A GUIDE TO DISCUSSING ASSISTED SUICIDE: Hosted by Blessed Sacrament Parish (194 Fourth Avenue) on **Friday, March 22nd from 7:00 to 8:30 PM**. Euthanasia and assisted suicide have been rapidly expanding in Canada since legalization in 2016 and more and more vulnerable people are at risk. Learn how to change hearts and minds on assisted suicide using street-tested apologetics to rebuild a culture of life. Presented by Blaise Alleyne of the Canadian Centre for Bio-Ethical Reform.

**SCREENING OF ROE CANADA :
THE DOCUMENTARY**
Wednesday, May 2 at 7PM
Dunn Production—Free of Charge
At Blessed Sacrament Parish, Ottawa



"It tells the truth North America is forbidden to know". — Mike Aquilina, VP, St. Paul Center for Biblical Theology. Come and hear the truth of what is happening in our country. Could a country like Canada ever experience a day like the Americans did on June 24? Will we ever have a moment as significant as Roe's demise? The answer the film proffers is — Yes! Yes, if each of us take individual responsibility for the abortions happening under our watch. Yes, if we choose activism over pessimism. Yes, if our passion grows into perseverance. Yes, if our own hearts are converted, and others follow. Yes, if our faith in God overcomes our fear. And if Canada can change, certainly the rest of the world can too. An opportunity to give a free will offering will be made possible to support this very important work. **For more info, click this link: <http://roecanada.com/>.**

PARISH HAPPENINGS ...



Saint Vincent de Paul Ottawa Central Council



Serving the poor with love, respect, justice, hope and joy!

'CATCH THE ACE' LOTTERY — ROUND 4



The Ottawa Central Council (OCC) of the **SOCIETY OF SAINT VINCENT DE PAUL** is pleased to announce Round-4 of the **weekly** Catch the Ace lottery. The draw is **EVERY Tuesday** until the Ace of Spades is drawn. **Tickets can be purchased EARLY** (online only) for \$10. Proceeds of this lottery go to support the Multifaith Housing Initiatives for affordable, safe and permanent housing for Indigenous and new Canadians. For more information, visit: <https://ssvpottawa.ca/>. Thank you!

2023 CHARITABLE TAX RECEIPTS: Are available in the vestibule as you enter the church. Please remember to pick up your receipt as you leave the Church. If you have not already collected your envelopes for 2024, they are also available in the vestibule. Thank you once again for your continued support.



2-DAY MARRIAGE PREPARATION COURSE



Congratulations on your engagement!

Embracing marriage as a sacrament will transform your whole life together and take your love to a much deeper level. The Marriage Preparation Course is a requirement and gives couples an opportunity to have some important discussions prior to getting married.

Our **2-day Marriage Preparation Course** is being offered:

- Friday, May 17** (7pm—10pm); **and**
- Saturday, May 18** (10am—6pm with Mass)
- Cost:** \$100 (includes guidebook).

To register, please contact the Cathy Koss in the parish office at hryouth@icloud.com.



NEW ALTAR and SANCTUARY: A number of people have asked about making financial contributions towards the new carpeting and Altar for the Sanctuary. Labour costs for the carpeting came in higher than anticipated, so **we are welcoming help**. On your cheques or e-transfers, please clearly indicate "sanctuary project". Thank you for your contribution to our Parish.

DIVINE MERCY EVENTS

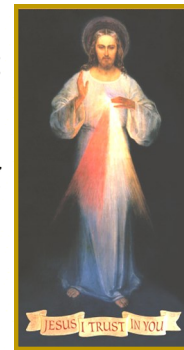
AWARD-WINNING VIDEO: "TIME FOR MERCY" on Sunday, March 17, from 3pm — 5:15pm. Many people may know the image or the Chaplet but this film takes an unflinching look at the Biblical witness of God's judgement and mercy, the offering of God's mercy in Christ, and the troubles of today's world — from recurring natural disasters and environmental threats, to the Growing List of Human Tragedies. We invite you to hear about the Divine Mercy message for our times and to explore signs of God's mercy in this. A talk is given by Fr. Waldemar Podlasz, SDS with Q&A. For more info, call 613-254-7220.



10th ANNIVERSARY CELEBRATION OF DIVINE MERCY SUNDAY: Please join us on **Sunday, April 7 from 2—4pm.** There will be Confession, sung Chaplet, a reflection given by Father Francis Donnelly, CC, other short prayers and ending with Consecration to the Divine Mercy for the whole world. Benediction and Veneration of the blessed Divine Mercy image and 1st class relics of St. Faustina, Blessed Fr. Michael Sopocko, St. John Paul II, St. Maximilian Kolbe and St. Therese of Lisieux. The Lord told St. Faustina: "You will prepare the world for My final coming." (Diary 429) More info: (613) 254-7220.

ANNUNCIATION OF THE LORD CELEBRATION — Feast Day moved to April 8 in lieu of March 25 falling within Holy Week: St. Maurice Church is hosting an all-night prayer vigil in honour of Our Lady from **9pm on April 7** (DM Sunday evening) **ending with 6pm Mass on Monday, April 8.** If you are available to spend one hour with the Lord, please contact shirley@nedoborski.com.

Divine Mercy Promises



1. "The souls that say this chaplet will be embraced by My mercy during their lifetime and especially at the hour of their death." [745]

2. "When hardened sinners say it, I will fill their souls with peace, and the hour of their death will be a happy one." [1541]

3. "Write that when they say this chaplet in the presence of the dying, I will stand between My Father and the dying person, not as the just Judge but as the merciful Savior." [1541]

4. "Whoever will recite it will receive great mercy at the hour of death." [687]

5. "Priests will recommend it to sinners as their last hope of salvation. Even if there were a sinner most hardened, if he were to recite this chaplet only once, he would receive grace from My infinite mercy. I desire that the whole world know My infinite mercy. I desire to grant unimaginable graces to those souls who trust in My mercy." [687]

6. "To priests who proclaim and extol My mercy, I will give wondrous power; I will anoint their words and touch the hearts of those to whom they will speak." [1521]

7. "At three o'clock, implore My mercy, especially for sinners; and, if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony. This is the hour of great mercy for the whole world. I will allow you to enter into My mortal sorrow. In this hour, I will refuse nothing to the soul that makes a request of me in virtue of My Passion." [1320]

8. "Souls who spread the honour of My mercy I shield through their entire life as a tender mother her infant, and at

the hour of death I will not be a Judge for them, but the Merciful Savior." [1075]

9. "I promise that the soul that will venerate this image will not perish. I also promise victory over [its] enemies already here on earth, especially at the hour of death. I Myself will defend it as My own glory. [48]..." "The two rays denote Blood and Water. The pale ray stands for the Water which makes souls righteous... These two rays issued forth from the very depths of My tender mercy when My agonized Heart was opened by a lance on the Cross. These rays shield souls from the wrath of My Father." [299]

10. "I am offering people a vessel with which they are to keep coming for graces to the fountain of mercy. That vessel is this image with the signature: "Jesus, I trust in You." [327]

11. "By means of this image I shall grant many graces to souls. It is to be a reminded of the demands of My mercy, because even the strongest faith is of no avail without works." [742]

12. "I desire that the Feast of Mercy... be solemnly celebrated on the first Sunday after Easter... The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment." [699]

13. "Through the chaplet you will obtain everything, if what you ask for is compatible with My will." [1731]

Excerpts taken from the Diary of St Faustina Kowalska, "Divine Mercy in My Soul," © 1987, Congregation of Marians of the Immaculate Conception, Stockbridge, MA 01263

PARISH HAPPENINGS ...



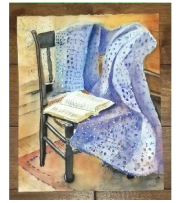
PILGRIM VIRGIN OF OUR LADY OF FATIMA Home Visitation Program: Holy Redeemer's Legion of Mary invites parishioners to reserve a home visit of the Pilgrim Virgin Statue of Our Lady of Fatima for a one-week period. To arrange a visit of Our Lady, contact Balsam Blejani-Khalaf (613-599-2723; bblejanikhalaf@gmail.com). Thank you!

EUCCHARISTIC ADORATION — Parish Vocations Ministry invites you to an hour of Adoration **every Wednesday** evening following the 7:00 pm Mass. Join us as we pray for an increase in the response to God's call to the priesthood, diaconate, religious life, consecrated life, and marriage.



CATHOLIC WOMEN'S LEAGUE PRAYER BOX: We invite you to place your intentions in this prayer box and CWL members will raise them in prayer on your behalf. Rest assured that we will never open your papers, nor read your words. We pray fully in the trust that our Lord knows your needs. The papers are burnt unopened at the end of the month.

PRAYER SHAWL MINISTRY: Did you know that Holy Redeemer is blessed to have a ministry that makes beautiful prayer shawls for people in our community who are in need of a prayer and a hug to comfort them through their trying times? We have shawls for men, women, children as young as preemies, in various colours and patterns!



If you know anyone who could benefit from this free service, please call Margaret Donahue (613-836-7619; hrprayershawlmin@gmail.com), and she will make arrangements to connect and provide you with one of these beautiful, hand-made gifts to brighten someone's day.

PUBLIC ROSARY ACROSS CANADA



WHY : To entrust the whole world to Our Lady, and to ask Her to intercede for our province, our country, and the world — *we join in prayer with parishes across Canada.*

WHERE : Outside by the parish office door, in front of Our Lady's statue.

WHEN : **Every Wednesday at 6:15 PM** before Mass.

YOUTH MINISTRY CONNECTION ...!

Children's Liturgy of the **Word** Every Sunday at 9:30AM AND 11:00AM!

Volunteers needed at 11am!

YOUTH GROUP ... Every Friday!



The ROCK
Grades 6-8
Fridays,
6:30-8:30pm



JAM
(Jesus And Me)
Grades 9-12
Fridays, 8:30-10pm

Questions? Contact our **AMAZING** Youth Minister Cathy Koss ~ hryouth@icloud.com!!

Saints Alive Hallow

A Lenten Series Podcast starting Wednesday, February 14, for children ages 6 —12! With the support of the team at Hallow, SAINTS ALIVE created a brand new series (Lent for Kids and Eucharistic Miracles in 2024!). These audio dramas bring the greatest heroes of our Faith to life — professional voice actors and directors — the shows are compelling, professional and entertaining! To access the podcasts and more, [CLICK HERE!](#)

YOUNG ADULTS HIKING GROUP: Join Father Connor on a hike and enjoy some fellowship and the beauty of God's creation. If you, or someone you know is interested, and are between the ages of 16 and 35, please email Father Connor at father.connor@outlook.com.



YOUNG ADULT MINISTRY

The Young Adults Group have resumed meeting **bi-weekly** in the Church Hall from 5PM to 6:30PM. Next meeting ...

→ **SUNDAY, MARCH 10!**

If you are between the ages of 19 and 36, you are welcome to join our bi-weekly meetings for **fellowship, faith formation and pizza!**

For more information, please contact Sarah at youngadulthr@gmail.com.



OTTAWA CATHOLIC YOUNG PROFESSIONALS LENT RETREAT: Join us **Saturday, March 16** at St. George Parish for retreat day including talks, confession, Mass, fellowship and more! Come learn and grow deeper in your faith while meeting like-minded friends! Go www.OCYP.ca or look us up on Facebook to register!

DIOCESAN WEDDING ANNIVERSARY MASS: For those celebrating 60 (or more), 50, 40, 30, 25 and 20 years of marriage. At Notre Dame Cathedral Basilica on **Sunday, April 14, 2:30PM**. The registration form is available at <https://forms.office.com/r/jpBDLwD0Kg>. Please register before Easter to ensure your spot (note the earlier date).

ARE YOU NIGERIAN? IGBO? CATHOLIC? Join the Igbo Catholic Community for Mass (in the Igbo language!) on the **last Sunday of EVERY month** at St. Peter's Parish, 1640 Heatherington Road at 1:30 PM. Mass is followed by fellowship and refreshments in the Church Hall. Chaplain — Fr. Paul Nwaeze; Coordinator — John Anoliefo (289-988-2696); Info: info@igbomass-ottawa.ca.



Is the Lord calling you to serve Him as a priest? Join other men discerning the priesthood for **monthly formation**, fellowship, and Eucharistic Adoration. Each night will be held at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa.

To join the Quo Vadis email list or for more information, please contact:

Fr. Connor O'Hara

Vocations Director for the Ottawa-Cornwall Diocese, vocations@ottawacornwall.ca

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AT ST. MAURICE PARISH
FRI MARCH 15 | 6:30-9:30PM
SAT MAR 16 | 10AM - 9:00PM

tinyurl.com/yp7rk7asv

THURSDAY, MARCH 21ST
7:00 - 8:00PM ET

zoom

Register for the Zoom Link at: <https://servantsofthecross.ca/engage/i-am-hungry/#prayersformore>

PRAYERS FOR MORE

A INVITATION TO INDIVIDUAL PRAYER MINISTRY WITH TRAINED PRAYER MINISTERS

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ST. PATRICK DAY PILGRIMAGE

Come walk with us!

We will depart St. Patrick's Fallowfield on **Saturday, March 16th at 8AM** and head out on pilgrimage to St. Patrick's Basilica! Pilgrims have included Companions of the Cross, Sisters of the Servants of the Cross and of the Queenship of Mary.



The 28 km walk will take approximately 8 hours and will conclude with Mass at 4:30 PM in St. Patrick's Scavi (lower-level). For more pilgrimage details — route, optional starting points and more, click <http://tinyurl.com/3kwbtnu8>.

AN EVENING OF BEAUTIFUL MUSIC

Join us for an unforgettable evening of music and community support as we welcome Deantha Edmunds, recent Order of Canada recipient, who has performed for both Pope Francis and King Charles. (www.deanta.ca) The concert will be on **April 19 at 7:30 pm**, and held at Notre-Dame Cathedral Basilica.

Save The Date

APRIL 19 AT 7:30 PM
NOTRE-DAME CATHEDRAL BASILICA
395 SUTHERLAND ST. OTTAWA

AN EVENING WITH DEANTHA EDMUNDS
A CONCERT TO BENEFIT THE INDIGENOUS RECONCILIATION FUND

Proceeds of the concert benefit the Indigenous Reconciliation Fund www.journeyforhealing.ca. Tickets are \$50, \$35* and \$25. To purchase tickets call 613-933-1138, ext. 22, or go online IRFconcert.eventbrite.com. Purchase today to benefit from *early bird pricing.

Your attendance at this concert helps support reconciliation efforts, fostering understanding and unity.

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