

HOLY REDEEMER CATHOLIC CHURCH

Address: 44 Rothesay Drive, Kanata, ON K2L 2X1

Telephone: 613-836-1764; Website: www.holyredeemer.ca



3RD SUNDAY IN ORDINARY TIME ~ January 21, 2024

'The Kingdom of God is come. Repent, and believe in the good news! — Mark 1:15

MASS SCHEDULE

Sunday Liturgy Mass Times

Saturday Vigil: 5:00 pm
Sunday: 8:00 am, 9:30 am, 11:00 am and 7:00 pm

Weekday Mass Times

Monday, Tuesday, Thursday and Friday: 9:00 am
Wednesday: 7:00 pm
1st Saturday of the Month: 9:00 am

Adoration

1st Friday 8:00 pm to 1st Saturday 8:45 am (*All-Night Vigil*)
Monday, Tuesday and Friday: 8:15–8:45 am
Wednesday: After 7pm Mass
Thursday: After 9am Mass (9:30 am–3:30 pm)
(with 3:00 pm Hour of Great Mercy Devotion)

Reconciliation (or by appointment)

Monday, Tuesday, Thursday, Friday: 8:15–8:45 am
Wednesday: 6:15–6:45 pm
Saturday: 4:00 pm–4:45 pm
Sunday: 6:00 pm–6:45 pm

PASTORAL COUNCIL

Chair: Matthew Bisson (613) 769-1767
Co-Chair: Erin Kinsella erinkinsella@live.ca
Secretary: Nick Rolheiser n.rolheiser+holyredeemer@gmail.com
Finance Operations Chair: Art Lamarche (613) 592-4820
Safe Environment: John Gaudet (613) 800-1833

LITURGICAL MINISTRIES

Adoration:
▪ Thursday (9:30am–3pm) ~ Sharon Stuyt (613) 838-5578
▪ 1st Friday Vigil ~ Jeremy Eckert .. communications@holyredeemer.ca
Altar Servers: Paola Pacheco paopac@yahoo.com
Altar Guild: Lee Armstrong (613) 831-1075
Catechesis of the Good Shepherd:
Kim Baudouin (613) 884-8475
Children's Sunday Liturgy: Cathy Koss hryouth@icloud.com
Extraordinary Ministers of Holy Communion:
Peter Fortier pete.fortier@gmail.com
Lectors: Kevin Sawyer kevin.sawyerkj@gmail.com
Sacristans: Matthew Bisson (613) 769-1767
Ushers: Samuel Bonti-Ankomah (613) 271-6303
Holy Hour for Vocations Ministry:
▪ Josephene Kealey (613) 836-4252

PASTORAL CARE

▪ Joanne Williamson (613) 884-2106
▪ Julie Farrow willowfarrow@gmail.com

SACRAMENTAL FORMATION

Baptism Preparation Course reception@holyredeemer.ca
Franca Walsh (Ministry Lead) (613) 836-2219
Christian Initiation of Adults (RCIA):
David Dupuis (613) 709-5065
Christian Initiation of Children (CIC):
Sharon Groulx cic@holyredeemer.ca
Marriage Preparation Course reception@holyredeemer.ca

MUSIC MINISTRY (CHOIRS)

Saturday 5:00 pm: Roberto Solis (613) 410-4904
Sunday 9:30 am: Roberto Solis (613) 410-4904
Sunday 11:00 am: Eddie Deogrades edeo@rogers.com
Sunday 7:00 pm: Erin Kinsella erinkinsella@live.ca
Funeral Choir: Jeanne Joinette (613) 868-9354

CLERGY

- **Pastor:** Fr. Paul Nwaeze: pnwaeze@holyredeemer.ca
- **Associate Pastor:** Fr. Connor O'Hara: father.connor@outlook.com
- **Associate Pastor:** Fr. Steven Gaudet fr.stevengaudet@gmail.com
- **Deacon:** Rev. James Kubina: jgkubina@gmail.com
- **Deacon:** Rev. Mike Doherty: midoherly1952@gmail.com

OFFICE STAFF

- **Coordinator of Temporal Works**
Maureen Brannan: ctw@holyredeemer.ca
- **Communications Coordinator**
Jeremy Eckert: communications@holyredeemer.ca
- **Evangelization Coordinator**
Teresa Kargul: evangelization@holyredeemer.ca
- **Receptionist:**
Paola Pacheco: reception@holyredeemer.ca
- **Administrative Assistant**
Kim Jennings: admin@holyredeemer.ca
- **Youth Minister** ~ Cathy Koss: hryouth@icloud.com

OFFICE HOURS – CLOSED on Wednesdays and weekends

Monday, Tuesday, Thursday, Friday 9:30 am to 4:00 pm

SOCIAL MISSION

Care for Creation: Mireille Church creation@ottawacornwall.ca
Development and Peace: Liz Murphy (613) 619-4413
Pro-Life: Betty Ann Ferguson (613) 592-1793
Refugee Committee:
▪ Mary-Lou Hakansson (613) 592-3530
▪ Cathy Deogrades (613) 558-9889
Saint Vincent de Paul Society: Patrick Nzobo *Please call the office*
Indigenous Peoples Committee:
Tony Ritchie ritchieanthony3@gmail.com

ORGANIZATIONS / GROUPS IN THE PARISH

Bereavement: Kafui Sawyer hrbereavement@gmail.com
Bible Study: Darren Laval (613) 852-9966
Catholic Charismatic Renewal Prayer Group:
Justin holyredeemerprayergroup@gmail.com
Catholic Women's League: Lillian Delmas delmas@rogers.com
Couples for Christ: Edgar Acosta (613) 315-0702
Cursillo: Marc Bélanger (613) 836-2874
Decorating Ministry: Sharon Stuyt (613) 838-5578
Divine Mercy Cenacle: Norma Dawes (613) 435-3469
Gardening Angels: Bev Murphy (613) 591-3989
Heart of Worship: *Please call the Parish office*
Homeschool Ministry: sarah.rolheiser@gmail.com
Knights of Columbus: Wayne Watts (613) 852-0094
Legion of Mary:
▪ Adult: Balsam Blejani-Khalaf (613) 599-2723
▪ Junior (6-16): Sarah Rolheiser (613) 435-2478
Library: Greg Kam (613) 863-6314
Prayer Shawl: Margaret Donahue (613) 836-7619
Restore: Hailey Krol (613) 315-9403
Religious Articles for Sale: Germaine Gaudet (613) 435-1084
Youth Group: Cathy Koss hryouth@icloud.com
Young Adults: Sarah Groulx youngadultthr@gmail.com
Young Adult Hiking Group: father.connor@outlook.com

MASS READINGS

3RD SUNDAY IN ORDINARY TIME:

Jonah 3:1-5, 10; 1 Cor 7:29-31; Mark 1:14-20

Monday: 2 Sam 5:1-7, 10; Mark 3:22-30

Tuesday: 2 Sam 6:12b-15, 17-19; Mark 3:31-35

Wednesday: 2 Sam 7:1-17+; Mark 4:1-20

Thursday: (*Conversion of St. Paul the Apostle Feast Day*)

Acts 22:3-16; Acts 9:1-22; Mark 16:15-18

Friday: 2 Tim 1:1-8; Tit 1:1-5; Luke 10:1-9

Saturday: 2 Sam 12:1-7a, 10-17; Mark 4:35-41

4TH SUNDAY IN ORDINARY TIME:

Deut 18:15-20; 1 Cor 7:32-35; Mark 1:21-28

SACRAMENTS and ADORATION

Baptism: Three (3) months notice required to complete Sacramental preparation.

Marriage: 6 months notice required before proposed wedding date.

Reconciliation (*also by appointment*):

Monday, Tuesday, Thursday, Friday: 8–8:45 am;

Wednesday: 6–6:45pm; Saturday: 4–4:45 pm; Sunday: 6–6:45pm

Sacrament of the Sick / House Blessings: Please phone the office.

Adoration: Please note, at times we will have to cancel Adoration due to funerals, etc. Please check the website or call the office to confirm hours:

✠ALL-NIGHT VIGIL: 1st Friday 8:00 pm to 1st Saturday 8:45 am

✠Monday, Tuesday, Friday: 8:15 am-8:45 am

✠Wednesday: After Mass (*to pray for Vocations*)

✠Thursday (after Mass) 9:30am to 3:30pm (3pm Great Hour of Mercy)

MASS INTENTIONS

3RD SUNDAY IN ORDINARY TIME

<u>Saturday January 20</u>	5:00 pm	Intentions of Scott Howe by Kim Peppiatt †Webster Watson by Gaye and Pierre Lalonde †Mary Orser by Jean and Jim Muldoon †Boniface Challenger by Esther Da Silva †Héctor Leon and Birthday Blessings for Maria Fontillas and Edgar Acosta by the Acosta Family
<u>Sunday January 21</u>	8:00 am	†Bert O'Connor by Terry and Margo O'Connor
	9:30 am	†Otto Collesch by Helen Collesch
	11:00 am	†Deceased members of the McGrath Family by Gilberte McGrath †Helena Golob by Jeanne Joinette †Dianne Anita Smith by Ian and Suzanne Sheppard †Ghislain Bazinet by Pierrette and Familiiy †Beth Picard by the Knights of Columbus Council No. 9544 †Nicholas Zaionchkovsky and Monica Docena by Mila Zaionchkovsky †Henri Aubé by Holy Redeemer Nam Choir Birthday Blessings for George Khalaf and the intentions of the Family by the Khalaf Family Intentions of Mary Lou Oram by the Oram Family
	7:00 pm	For the Parish Community
<u>Monday January 22</u>	9:00 am	†Joseph Trung Pham by the Pham Family †Peter Phelan by the O'Hare family †Anna Kuhn and the intentions of Beate and Paul Ziebarth by Fitz and D'Arcy Grant †Jean Farlinger by Rita Murphy Intentions of Liia Howe by Kim Peppiatt Intentions of Msgr Joseph Muldoon by a parishioner Intentions of the Tate Family by Mary Lou Oram
<u>Tuesday January 23</u>	9:00 am	Intentions of Marin Howe by Kim Peppiatt
<u>Wednesday January 24</u>	7:00 pm	Intentions of Myrah Howe by Kim Peppiatt
<u>Thursday January 25</u>	9:00 am	Intentions of Father Connor by Kim Peppiatt
<u>Friday January 26</u>	9:00 am	†Paulette Campeau by Gilberte McGrath
4TH SUNDAY IN ORDINARY TIME		
<u>Saturday January 27</u>	5:00 pm	Intentions of Father Jonathan Kelly by Kim Peppiatt
<u>Sunday January 28</u>	8:00 am	†Brian McKernan by Terry and Margo O'Connor
	9:30 am	†Emmett Shields by Kathleen Shields and Family
	11:00 am	†Thomas Lai Nguyen, Maria Xanh Truong and the Holy Souls in Purgatory by the Family
	7:00 pm	For the Parish Community



PRAYERS FOR THE SICK: Please pray for the sick among our families and friends, especially Serge Gagnon, Luc André Sabourin, Nikita Sabourin, Rebecca Gagnon, Sam Gagnon, Helen Fernihough, Ian Ketelaars, Chantal D., John Kelly, Carlos Arturo Gallego Henao, Alfredo Michelena, Luz Elena Ocampo, Diana Froh, Hiep Vuong, Dan Rivet, Fr. Bob Poole, Anne Louise L., Homeless people with disabilities, Bob Gemmell, Mallory McPherson, Maryanne Mason, Edgar Velez, Lisa Carter, Catherine Levasseur, Kim Vardon, Marie Jarrett, Nancy Campbell, Catherine and Steven Offierski, Diana Codogno, Suzanne Bisson, Marilisa Gronzotto, Monica Sale, Gladys Buermans, Hedy Stoqua, Andrew Jacob, Jimmy Bot, Bev Murphy, Aldina P., Tina Dory, Art Wallace, Joseph Gunsberg, Giovanni Magliocco, Rhys Cox, the Beaulne Family, the Halaj Family, Zahra Ziaei, Kristin Wilson, Ken Kraglund, Dorothy Voldock, Mounira Abi-Aad, Flora Pirez, Mary Lou Oram, Franca Cervo, Martha Klump, Maria Pirrone, Ches Power, Marcel Morin, Dan Cillis, Rael Carvalho, Ronald Malcolm.

PRAYERS FOR THE DECEASED: Let us pray for deceased family and friends of our Parish Community, especially Theresa Boucher, Grace Miki Hannam, Hernán Ayala and Fr. Gérald Poirier.



THE HOLY FATHER'S PRAYER INTENTIONS FOR JANUARY – Let us pray that the Holy Spirit helps us recognize the gift of different charisms within the Christian community, and to discover the richness of different ritual traditions in the heart of the Catholic Church.



Hello! Welcome to Holy Redeemer Parish!

If you are new to our Parish Community, please make sure to drop by our 'Welcome Area' in the vestibule! If you would like to register as a parishioner, please visit our website and click "I'm New", or scan the QR code. *We're delighted you've joined us!*



REFLECTION ~ 3RD SUNDAY IN ORDINARY TIME

The Kingdom of God is come. Repent, and believe in the good news!

— Mark 1:15

The calling of the brothers in today's Gospel evokes Elisha's commissioning by the prophet Elijah (see 1 Kings 19:19-21).

As Elijah comes upon Elisha working on his family's farm, so Jesus sees the brothers working by the seaside. And as Elisha left his mother and father to follow Elijah, so the brothers leave their father to come after Jesus.



Jesus' promise — to make them "fishers of men" — evokes Israel's deepest hopes. The prophet Jeremiah announced a new exodus in which God would send "many fishermen" to restore the Israelites from exile, as once He brought them out of slavery in Egypt (see Jeremiah 16:14-16).

By Jesus' Cross and Resurrection, this new exodus has begun (see Luke 9:31). And the apostles are the first of a new

people of God, the Church — a new family, based not on blood ties, but on belief in Jesus and a desire to do the Father's Will (see John 1:12-13; Matthew 12:46-50).

From now on, even our most important worldly concerns — family relations, occupations, and possessions — must be judged in light of the Gospel, Paul says in today's Epistle.

The first word of Jesus' Gospel — repent — means we must totally change our way of thinking and living, turning from evil, doing all for the love of God.

And we should be consoled by Nineveh's repentance in today's First Reading. Even the wicked Nineveh could repent at Jonah's preaching. And in Jesus we have "something greater than Jonah" (Matthew 12:41). We have God come as our Saviour, to show sinners the way, as we sing in today's Psalm. This should give us hope — that loved ones who remain far from God will find compassion if they turn to Him.

But we, too, must continue along the path of repentance — striving daily to pattern our lives after His.

— Reflection by Dr. Scott Hahn, St. Paul Center for Biblical Theology



Parish Mission Statement: *Our Community lives the Way, the Truth, and the Life, by reaching out with the Good News to Welcome, to Serve and to Care.*

Parish Theme: *Go and make disciples of all nations. (Matthew 28:1)*

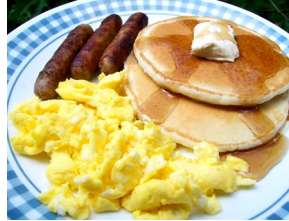
PARISH HAPPENINGS ...



KNIGHTS OF COLUMBUS
"Our Faith in Action"
Holy Redeemer Council #9544
Making Good Men Great!

FREE HOT BREAKFAST **THIS Sunday, January 21st!**

Compliments of Council 9544 (while supplies last!) following the 8:00am, 9:30am and 11:00am morning Masses. Bring yourself and your family to Church, and enjoy professionally prepared scrambled eggs and sausage, toast, juice and bottomless coffee cooked and served by an impressive group of Knights trained in providing hospitality "par excellence"! Don't miss this chance to be part of the action. To help offset costs, a donation basket will be at the entrance to the Church Hall for free-will offerings.



THE LEGION OF MARY is organizing a Preparation to the **'Consecration to Jesus through Mary'** by **Saint Louis-Marie de Montfort**. This series will run for 4-Fridays and will be led by **Fr. Steven Gaudet**, the Spiritual Director of Holy Redeemer's Legion of Mary. **Registration** and book

purchasing will be in the vestibule after all the Masses **THIS** weekend, January 13/14, and next, January 21/22. The Preparation to the Consecration **BEGINS** on Friday, February 23 at 5:45 pm (one hour).



Saint Vincent de Paul
Ottawa Central Council



Serving the poor with love, respect, justice, hope and joy!

'CATCH THE ACE' LOTTERY – ROUND 4

The Ottawa Central Council (OCC) of the **SOCIETY OF SAINT VINCENT DE PAUL** is pleased to announce Round 4 of the weekly Catch the Ace lottery. The draw is **EVERY Tuesday** until the Ace of Spades is drawn. The next draw is on **Tuesday, January 23**. **Tickets can be purchased EARLY** (online only) for \$10. Proceeds of this lottery go to support the Multifaith Housing Initiatives for affordable, safe and permanent housing for Indigenous and new Canadians.

For more information, please visit: <https://ssvpottawa.ca/>.

Thank you!



HEART OF WORSHIP: You are invited to an evening of Adoration on **Tuesday January 30 at 7PM**, with a short spiritual talk, praise and worship, confession, time of silence and snacks afterwards. Our guest speaker this month is **Ian Anderson**, with the topic, 'Why not Today'. Join us the last Tuesday of **EVERY** month! Come and worship Jesus in the Eucharist!

CARE FOR CREATION: If you would like to try your new snowshoes and enjoy the beauty of winter in nature, come join us for a 1 hour trek in the woods next Saturday Jan. 27th at 2 pm. This is organized by the Care for Creation team. The meeting location is Timm Road in parking lot P4 on Timm Drive (xcskiing.ca).



SACRISTANS NEEDED!

Additional Sacristans are required for:

- ⇒ **ALL Weekday Masses**, and
- ⇒ **Sunday 8am** and **9:30am Masses**.



What do we do? We prepare and clean up liturgical elements of the Mass (hosts, vessels, linens, books, candles, etc.)

What is beautiful about this role? Working with sacred items; background service for fellow parishioners.

What qualities are needed for this role? The ability to learn vocabulary and protocols; confident with simple arithmetic; confident reading written instructions; a desire to be helpful to fellow parishioners.

Training: Two sessions, each 1-2 hours long and followed by supervised practice.

Time commitment: Approximately two hours (including attending Mass) every 2-3 weeks.

More information: You can view [an online 10-minute "information session" here](#).

Next step: Contact Matthew Bisson (613-769-1767 or matthew.r.bisson@gmail.com). We'll discuss the role and see if it's a good fit for you.

PARISH HAPPENINGS ...

BIBLE STUDY . . . is back!!

*Jesus' Passion:
The Story of Redemptive Suffering*

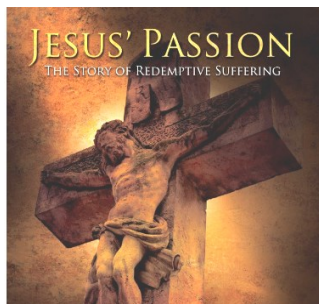
Starts Friday, February 2

1–3 PM (6-7 Sessions)

Office Boardroom – All are welcome!

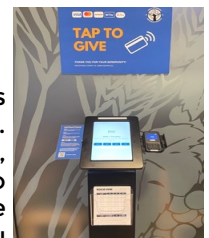
NOTE:

Lessons 1 and 2 available in the Office!



NO CASH? NO PROBLEM!

Our new "Tap to Give" kiosk is now set up in the vestibule. The kiosk offers a quick, simple, and easy way to give to our parish. Instructions are attached on the unit, but if you have any other questions, please contact Maureen at the parish office.



In honour of the Feast of the Presentation of the Lord on February 2nd, the Church celebrates 'Candlemas'. This year, Father Connor will **bless candles** at the beginning of the **9AM Mass on Friday, February 2.**

PILGRIM VIRGIN OF OUR LADY OF FATIMA Home Visitation Program:

Holy Redeemer's Legion of Mary invites parishioners to reserve a home visit of the Pilgrim Virgin Statue of Our Lady of Fatima for a one-week period. To arrange a visit of Our Lady, contact Balsam Blejani-Khalaf (613-599-2723; or bblejanikhalaf@gmail.com). . Thank you!



EUCHARISTIC ADORATION

HOUR – Parish Vocations Ministry invites you to an hour of Adoration **every Wednesday** evening **following the 7:00 pm Mass**. Join us as we **pray for** an increase in the response to God's call to the priesthood, diaconate, religious life, consecrated life, and marriage.



ASH WEDNESDAY, February 14
9AM (Mass added ~ no Adoration); and
7PM (with Confession and Adoration)



PARISH LENTEN MISSION

→ Dates be Confirmed



LENTEN PENANCE SERVICE

Wednesday, March 20 at 7PM (*Not a Mass*)
(*Several Priests will be available for Confession*)
(*9AM Mass added*)



STATIONS OF THE CROSS

Fridays at 7:00 pm

- February 16 Led by the Knights of Columbus
- February 23 Led by Catholic Women's League
- March 1 Led by Pro-Life Group
- March 8 Led by the Legion of Mary
- March 15 Led by St. Vincent de Paul
- March 22 Led by Care for Creation
- Good Friday, April 7 Youth Tableau

PRAYER SHAWL MINISTRY:

Did you know that Holy Redeemer is blessed to have a ministry that makes beautiful prayer shawls for people in our community who are in need of a prayer and a hug to comfort them through their trying times? We have shawls for men, women, children as young as preemies, in various colours and patterns! – If you know anyone who could benefit from this free service, please call Margaret Donahue (hrprayershawlmin@gmail.com; **613-836-7619**), and she will make arrangements to connect and provide you with one of these beautiful, hand-made gifts to brighten someone's day.



PUBLIC ROSARY ACROSS CANADA



WHY : To entrust the whole world to Our Lady, and to ask Her to intercede for our province, our country, and the world – *we join in prayer with parishes across Canada.*

WHERE : Outside by the parish office door, in front of Our Lady's statue.

WHEN : **Every Wednesday at 6:15 PM** before Mass.

CATHOLIC WOMEN'S LEAGUE PRAYER

BOX: We invite you to place your intentions in this prayer box and CWL members will raise them in prayer on your behalf. Rest assured that we will never open your papers, nor read your words. We pray fully in the trust that our Lord knows your needs. The papers are burnt unopened at the end of the month.



PRO-LIFE CORNER ...

PRO-LIFE PRESENTATION "How to End the Killing", hosted by Blessed Sacrament Parish (194 Fourth Avenue, Ottawa): A series of pro-life strategy/apologetic talks presented by CCBR. The first talk is on Friday, February 2nd and the second is on Friday, March 22nd.

HOW TO END THE KILLING

Pro-Life Presentations at Blessed Sacrament Church
(194 Fourth Avenue, Ottawa, Ontario)
Presented by Blaise Alleyne from CCBR



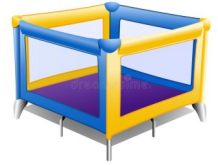
Become an effective ambassador for pre-born children, and change the culture!

- **Friday Feb 2 (7pm):**
 - A talk on pro-life strategy - "How to Make Abortion Unthinkable in Canada"

For more info contact: csibiga@endthekilling.ca
www.endthekilling.ca

CCBR
CANADIAN CENTRE FOR BIO-ETHICAL REFORM

COMING SOON!! PLAYPEN FUNDRAISER TO SUPPORT BIRTHRIGHT OF OTTAWA ... FEBRUARY 6-27!



CANADIAN CENTRE FOR BIO-ETHICAL REFORM:

Applications for CCBR's summer internship are open! It's 4 (or 2) months of active pro-life formation and outreach. It's like a mission where people (ages 15-30) come to Toronto or Calgary to do pro-life outreach. Internship alumni leave as the most trained and experienced pro-lifers in Canada.

This is full time paid pro-life work, where 4 times a week teams of interns go out to the public and run our 4 activism projects. The work is difficult, but very rewarding and life-giving. Many intern alumni note the summer internship to be one of the best experiences of their life. **Application deadline is Saturday, March 16.** Info <https://www.endthekilling.ca/internships/>.



NOT YOUR TYPICAL
SUMMER JOB

- Get paid to work in the pro-life movement!
- Change minds and save lives from abortion through educational outreach
 - Receive training from international pro-life leaders
 - Make friendships that will last a lifetime!

Located in Toronto, ON or Calgary, AB

Apply for our 2-Month or 4-Month Internship:
endthekilling.ca/internships

CCBR
CANADIAN CENTRE FOR BIO-ETHICAL REFORM



YOUTH MINISTRIES



Every Sunday at the 9:30AM AND 11:00AM!

YOUTH GROUP Every Friday!



The ROCK
Grades 6-8
Fridays,
6:30-8:30pm



JAM
(Jesus And Me)
Grades 9-12
Fridays,
8:30-10pm

Questions?

Contact our **AMAZING** Youth Minister
Cathy Koss ~ youth@holyredeemer.ca !!



The Young Adults Group have resumed meeting bi-weekly in the Church Hall from 5PM to 6:30PM.
Next meeting ...

➔ **TO BE DETERMINED!**

If you are between the ages of 19 and 36, you are welcome to join our bi-weekly meetings for fellowship, faith formation and pizza!

For more information, contact Sarah at youngadulthr@gmail.com.

YOUNG ADULTS HIKING GROUP:

Join Father Connor on a hike and enjoy some fellowship and the beauty of God's creation. If you, or someone you know is interested, and are between the ages of 16 and 35, please email Father Connor at father.connor@outlook.com.





LIFECOMPASS
WORKSHOP RETREAT

CATHOLIC MEN
What are you doing March 2nd?

A NEW workshop retreat to help you eradicate passivity and build purpose in your life.



Presented by **Brett Powell**
Husband, father, grandfather.
Leadership coach for business executives and pastoral leaders.

Saturday, March 2nd, 2024 | 8:00am - 4:30pm
Annunciation of the Lord Parish | Ottawa, ON

BUILDMYLIFECOMPASS.COM



OTTAWA CATHOLIC YOUNG PROFESSIONALS (OCYP) Presents: A Catholic Response To The Modern Workplace. Join us on **Thursday, February 1**, at Notre Dame Cathedral Basilica (385 Sussex Dr.) from 7-9 pm for a panel discussion about the challenges of the modern workplace and how to overcome them as a Catholic young professional. For more information, please visit www.ocyp.ca, find us on Facebook, or email info@ocyp.ca.

15TH ANNUAL DYNAMIC WOMEN OF FAITH CONFERENCE: Saturday March 23, 9:00am-4pm at the Old Mill (includes light lunch). Opening Mass celebrated by His Eminence Cardinal Collins. Speakers: Kathleen Beckman – A Family Guide to Spiritual Warfare; Carissa Douglas – Becoming a Co-creator with God; Anna Boyagoda – Creating a Space for Prayer. *Special Guest Speaker: Tammy Peterson (wife of Dr. Jordan Peterson); and Dorothy Pilarski – Starting a Catholic Moms Group* TO REGISTER VISIT www.dynamicwomenfaith.com

CCO Founders on EWTN: This **Monday, January 22nd, at 8 pm**, André and Angèle Regnier will be featured on *The Journey Home*. If you don't have cable television, you can stream the video for free at EWTN.com (click "TV" and "Watch Live").

SEEKING HIS TREASURES RETREAT

Experience our new ministry called Fresh Fire! We are partnering with others as we work together to help parishes in becoming explosively alive in advancing God's Kingdom here on earth.

We offer a deeper understanding of the role of the Holy Spirit, we provide teachings on God's healing power and how much he is still alive today and, we train and equip God's people to be ministers of the great commission.

Friday, February 16th and Saturday, February 17th
St. Mary's Parish

Amazing Speakers | Encounters with Jesus |
Practical applications for evangelization

For other locations, see poster below. For more information or to sign up, click here: <https://servantsofthecross.regfox.com/fresh-fire-retreats>.

I AM HUNGRY — FEASTING — FAST

Oftentimes fasting gets a bad rap. And the feelings associated include thoughts like ... "No way. Too hard. I don't have it in me." That's what we thought too.

We want to introduce to you over the season of Lent that we can feast on His Word and guarantee that our nibblings, cravings, binges can be satisfied far more than those sugary treats or salty chips.

Join us this February for the Feast!
Thursday's of Lent

Information Night – Thursday, February 8th
Series BEGINS – Thursday, February 15th
7:00pm - 8:00pm ET
ZOOM

Sign on up at: <https://servantsofthecross.ca/engage/i-am-hungry/>



Supporting churches as they become
Explosively Alive!




ST. MARY'S PARISH SEEKING GOD'S TREASURES FRI FEB 16 - SAT FEB 17	ST. MAURICE PARISH COME HOLY SPIRIT! FRI MAR 15 - SAT MAR 16	ANNUNCIATION PARISH COME HOLY SPIRIT! FRI APR 12 - SAT APR 13
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<http://tinyurl.com/yprk7asv>

70% of spouses don't know the details of their partner's final wishes

**Start the conversation.
Call: 613-591-6580**



Kelly Funeral Home
Kanata Chapel
by Arbor Memorial
kellyfh.ca/Kanata
Arbor Memorial Inc.



Hulse, Playfair & McGarry
Funeral, Cremation and Celebration of Life Services
Services de Funerailles, de Crémation et de Célébration de la Vie



Tom Flood Sr. Vice President

**Serving Your
Community
For Over
95 Years**

613-728-1761 hpmcgarry.ca

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