HOLY REDEEMER CATHOLIC CHURCH

Address: 44 Rothesay Drive, Kanata, ON K2L 2X1

Telephone: 613-836-1764; Website: www.holyredeemer.ca

SOLEMNITY OF THE EPIPHANY OF THE LORD ~ January 7, 2024

'The glory of the Lord has risen upon you.' — Isaiah 60:1



Sunday Liturgy Mass Times			
Saturday Vigil:	5:00 pm		
Sunday:8:00 ar	n, 9:30 am, 11:00 am and 7:00 pm		
Weekday Mass Times			
Monday, Tuesday, Thursday and F	Friday: 9:00 am		
Wednesday:	7:00 pm		
1st Saturday of the Month:	9:00 am		
<u>Adoration</u>			
1st Friday 8:00 pm to 1st Saturday 8:45 am (All-Night Vigil)			
Monday, Tuesday and Friday:	8:15–8:45 am		
l			

Wednesday:Arter /pin Mass
Thursday: After 9am Mass (9:30 am-3:30 pm
(with 3:00 pm Hour of Great Mercy Devotion)

otion)

Reconciliation (or by appointment)

(or by appointment)	
Monday, Tuesday, Thursday, Friday:	8:15–8:45 am
Wednesday:	
Saturday:	4:00 pm-4:45 pm
Sunday:	6:00 pm-6:45 pm

PASTORAL COUNCIL

Chair: Matthew Bisson	(613) 769-1767
Co-Chair: Erin Kinsella	<u>erinkinsella@live.ca</u>
Secretary: Nick Rolheiser n.rolheiser+holy	redeemer@gmail.com
Finance Operations Chair: Art Lamarche	(613) 592-4820
Safe Environment: John Gaudet	

LITURGICAL MINISTRIES

Adoration:
■ Thursday (9:30am-3pm) ~ Sharon Stuyt (613) 838-5578
■ 1st Friday Vigil ~ Jeremy Eckertcommunications@holyredeemer.ca
Altar Servers: Paola Pacheco paopac@yahoo.com
Altar Guild: Lee Armstrong (613) 831-1075
Catechesis of the Good Shepherd:
Kim Baudouin(613) 884-8475
Children's Sunday Liturgy: Cathy Kosshryouth@icloud.com
Extraordinary Ministers of Holy Communion:
Peter Fortierpete.fortier@gmail.com
Lectors: Kevin Sawyer <u>kevin.sawyerkj@gmail.com</u>
Sacristans: Matthew Bisson (613) 769-1767
Ushers: Samuel Bonti-Ankomah (613) 271-6303
Holy Hour for Vocations Ministry:

PASTORAL CARE

Joanne Williamson	(613) 884-2106
Julie Farrow	willowfarrow@gmail.com

■ Josephene Kealey...... (613) 836-4252

SACRAMENTAL FORMATION

Baptism Preparation Course reception@ho	<u>olyredeemer.ca</u>
Franca Walsh (Ministry Lead)	(613) 836-2219
Christian Initiation of Adults (RCIA):	
	/\

David Dupuis (613) 709-5065 Christian Initiation of Children (CIC):

Sharon Groulx cic@holyredeemer.ca Marriage Preparation Course reception@holyredeemer.ca

MUSIC MINISTRY (CHOIRS)	
Saturday 5:00 pm: Roberto Solis	(613) 410-4904
Sunday 9:30 am: Roberto Solis	(613) 410-4904
Sunday 11:00 am: Eddie Deogrades	edeo@rogers.com
Sunday 7:00 pm: Erin Kinsella	erinkinsella@live.ca
Funeral Choir: Jeanne Joinette	(613) 868-9354

CLERGY

➤	Pastor:	Fr.	Paul Nwaeze:	pnwaeze@holv	vredeemer.ca

> Associate Pastor: Fr. Connor O'Hara:

.....father.connor@outlook.com

> Associate Pastor: Fr. Steven Gaudet

.....<u>fr.stevengaudet@gmail.com</u>

> Deacon: Rev. James Kubina:jgkubina@gmail.com

> Deacon: Rev. Mike Doherty:midoherty1952@gmail.com

OFFICE STAFF

Maureen Brannan:ctw@holyredeemer.ca

> Communications Coordinator

Jeremy Eckert:<u>communications@holyredeemer.ca</u>

> Evangelization Coordinator

Teresa Kargul:evangelization@holyredeemer.ca

> Receptionist:

Paola Pacheco:<u>reception@holyredeemer.ca</u>

> Administrative Assistant

Kim Jennings:admin@holyredeemer.ca

> Youth Minister ~ Cathy Koss:hryouth@icloud.com

OFFICE HOURS – CLOSED on Wednesdays and weekends

Monday, Tuesday, Thursday, Friday 9:30 am to 4:00 pm

SOCIAL MISSION

Care for Creation: Mireille Church	creation@ottawacornwall.ca
Development and Peace: Liz Murphy	(613) 619-4413
Pro-Life: Betty Ann Ferguson	(613) 592-1793
Refugee Committee:	

■ Mary-Lou Hakansson(613) 592-3530 Cathy Deogrades(613) 558-9889

Saint Vincent de Paul Society: Patrick Nzobo Please call the office Indigenous Peoples Committee:

Tony Ritchie<u>ritchieanthony3@gmail.com</u>

ORGANIZATIONS / GROUPS IN THE PARISH

Bereavement: Kafui Sawyer hrbereavement@gmail.com **Bible Study:** Please call the Parish office **Catholic Charismatic Renewal Prayer Group:**

Justin holyredeemerprayergroup@gmail.com Catholic Women's League: Lillian Delmas....... delmas@rogers.com Couples for Christ: Edgar Acosta (613) 315-0702 Cursillo: Marc Bélanger (613) 836-2874 Decorating Ministry: Sharon Stuyt (613) 838-5578 Divine Mercy Cenacle: Norma Dawes (613) 435-3469 Gardening Angels: Bev Murphy (613) 591-3989 **Heart of Worship:** Please call the Parish office Homeschool Ministry..... sarah.rolheiser@gmail.com Knights of Columbus: Wayne Watts (613) 852-0094 Legion of Mary:

Adult: Balsam Blejani-Khalaf	(613) 599-2723
Junior (6-16): Sarah Rolheiser	(613) 435-2478
Library: Greg Kam	(613) 863-6314
Prayer Shawl: Margaret Donahue	(613) 836-7619
Restore: Hailey Krol	(613) 315-9403
Religious Articles for Sale: Germaine Gaud	let (613) 435-1084
Youth Group: Cathy Koss	hryouth@icloud.com
Young Adults: Sarah Groulx y	oungadulthr@gmail.com

Young Adult Hiking Group: father.connor@outlook.com



<u>Parish Mission Statement</u>: Our Community lives the Way, the Truth, and the Life, by reaching out with the Good News to Welcome, to Serve and to Care.

Parish Theme: Go and make disciples of all nations. (Matthew 28:1)

MASS INTENTIONS

<u>1st Friday January 5</u> 9:00 am Birthday Blessings for Domenic Pirrone by Maria Pirrone

8:00 pm ALL NIGHT ADORATION BEGINS – in reparation to sins committed

against the Most Sacred Heart of Jesus and the Immaculate Heart of Mary.

<u>1st Saturday January 6</u> 8:45am Benediction

9:00 am †Thomas Lai Nguyen, Maria Xanh Truong and the Holy Souls in Purgatory by the Family

SOLEMNITY OF THE EPIPHANY OF THE LORD

<u>Saturday January 6</u> 5:00 pm †Debbie Nader by Carol Reynolds and Family <u>Sunday January 7</u> 8:00 am †Myrna Ray and Gino Blanchette by Norma Dawes

9:30 am †Edmundo Pante by the Nicolas Family

11:00 am †Thomas Lai Nguyen, Maria Xanh Truong and the Holy Souls in

Purgatory by the Family

†Carmela Magliocco by Domenic and Maria Pirrone

†Carolyn Lalonde by Ginette and Family †Auclair Dagenais by Victoria Springer †Gemma Coates by her Family

Birthday Blessings for Nicolas Dilawri by the Family

Birthday Blessings for Via Jennings by Kim

Birthday Blessings for Jacob Okweye by the Family

7:00 pm For the Parish Community

Monday January 8 9:00 am †Jackie Pomeroy by Georgina Bellman

†Gene Szabo by the Dooley Family †Rick Murphy by Rita Murphy

Intentions of Elizabeth Howe by Kim Peppiatt

Intentions of the Tate Family and in thanksgiving to Our Lord and Lady by Mary Lou Oram

Intentions of Linda and Patrick O'Hare

Intentions of Grace Nwaeze and Family by the Kealey Family

Tuesday January 9 9:00 am †Louise Quinn by Tom Quinn

Wednesday January 107:00 pmIntentions of McKenzie Peppiatt by Kim PeppiattThursday January 119:00 amIntentions of Cameron Peppiatt by Kim PeppiattFriday January 129:00 amIntentions of Robert Howe by Kim Peppiatt

2ND SUNDAY IN ORDINARY TIME

Saturday January 13 5:00 pm Intentions of Helen Howe by Kim Peppiatt Sunday January 14 8:00 am Intentions of Nick Lusito by Kim Peppiatt

9:30 am †Emmett O'Donnell by Harold and Beverley Murphy

11:00 am †Thomas Lai Nguyen, Maria Xanh Truong and the Holy Souls in Purgatory by the Family

†Gertrudes Nicolas by the Nicolas Family †Dawn Berrigan by Bernie and Margaret Carroll

†Gilbert, Blanche, Paulette and Michel Campeau by Gilberte McGrath

†Yolande Nader by Carol Reynolds and Family

†Rob Russell Farrow and his family's intentions by Joanne Williamson

†Valdemar Scheffer by Gilmar Sinhorin

Heavenly Birthday Blessings for †John McParland by the Brannan Family

Birthday Blessings for Jeannine Jennings by Kim

Birthday Blessings for Grace Nwaeze by Holy Redeemer Parish and Staff

7:00 pm For the Parish Community

PRAYERS FOR THE SICK: Please pray for the sick among our families and friends, especially Ian Ketelaars, Chantal D., John Kelly, Carlos Arturo Gallego Henao, Alfredo Michelena, Luisa Isabel Gomez, Luz Elena Ocampo, Diana Froh, Hiep Vuong, Dan Rivet, Fr. Bob Poole, Anne Louise L., Homeless people with disabilities, Bob Gemmell, Mallory McPherson, Maryanne Mason, Edgar Velez, Lisa Carter, Catherine Levasseur, Kim Vardon, Marie Jarrett, Nancy Campbell, Catherine and Steven Offierski, Diana Codogno, Suzanne Bisson, Marilisa Gronzotto, Monica Sale, Gladys Buermans, Hedy Stoqua, Andrew Jacob, Jimmy Bot, Bev Murphy, Aldina P., Tina Dory, Art Wallace, Joseph Gunsberg, Giovanni Magliocco, Rhys Cox, the Beaulne Family, the Halaj Family, Zahra Ziaei, Kristin Wilson,

Ken Kraglund, Dorothy Voldock, Mounira Abi-Aad, Flora Pirez, Mary Lou Oram, Franca Cervo, Martha Klump, Maria Pirrone, Ches Power, Marcel Morin, Dan Cillis, Rauel Carvalho, Ronald Malcolm. **PRAYERS FOR THE DECEASED:** Let us pray for deceased family and friends in our Parish Community, especially Deacon Raymond-Gérard Poulin, Michael Sauro,

Monica Docena and Mary Savoie. THE HOLY FATHER'S PRAYER INTENTIONS FOR JANUARY – Let us pray that the Holy Spirit helps us recognize the gift of different charisms within the Christian community, and to discover the richness of different ritual traditions in the heart of the Catholic Church.



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Hello! Welcome to Holy Redeemer Parish!



If you are new to our Parish Community, please make sure to drop by our 'Welcome Area' in the vestibule! If you would like to register as a parishioner, please visit our website and click "I'm New", or scan the QR code. We're delighted you've joined us!



HOLY REDEEMER'S SANCTUARY ALTAR ... NEWS TO NOTE!!

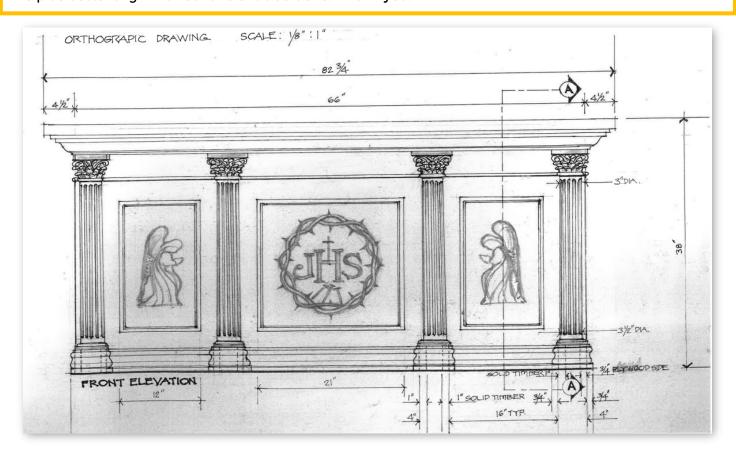
Over the years, numerous parishioners have suggested investigating the possibility of installing the relics of Saints in our altar in accordance with an ancient tradition. These suggestions led to the determination that our current altar has no relics, nor was the altar ever consecrated. So, discussions took place with the heads of various liturgical ministries, finance and parish council.

After some study, it was determined that the current altar had several areas of wear from being moved, and damage to multiple surfaces, and it would not be easy to retrofit the altar to house relics. Therefore, our Archbishop approved the construction of a new permanent and immovable altar which would be designed to house relics, with the understanding that this would fall within the parish budget. This project also affords us an opportunity to renew damaged carpeting in the sanctuary, and to improve audio and power cabling beneath. The altar will eventually be consecrated by the Archbishop.

Several quotes were solicited, and a local woodworker was selected, who has completed high quality work at other Churches. The altar will be constructed of cherry and other types of wood to complement the existing cherry wood backdrop. Since our church is named Holy Redeemer, the design of the altar will emphasize the Lord's passion, and related relics have been obtained: 1st class relics of Saint Margaret Mary Alacoque (responsible for devotion to the Sacred Heart); and many other martyrs, and 2nd class relics from the place of Jesus' scourging; from the place of Jesus' burial; and from the site of the crucifixion.

We are also looking for a 1st class relic of St. John Paul II to maintain a symbolic connection with our cornerstone which was blessed by St. John Paul II during a visit to Canada. If you can give us a relic of St. John Paul II, please be in touch with Fr. Connor.

For your reference, a blueprint is provided below. If you have any questions, please see Fr. Connor who is overseeing the project. We truly believe that this project will bring many blessings to the parish and help us better align with our ancient traditions. Thank you!



MASS READINGS

<u>Ist Friday</u>: 1 John 3:11-21; John 1:43-51 <u>Ist Saturday</u>: 1 John 5:5-13; Mark 1:4-5, 7-11++

EPIPHANY OF THE LORD:

Isaiah 60:1-6; Ep 3:2-3a, 5-6; Matt 2:1-12

Monday: (Baptism of the Lord)
Isaiah 55:1-11; 1 John 5:1-9; Mark 1:7-11

Tuesday: 1 Sam 1:9-20; Mark 1:21-28 Wednesday: 1 Sam 3:1-10, 9-20; Mark 1:29-39

<u>Thursday:</u> 1 Sam 4:1c-11; Mark 1:40-45 <u>Friday:</u> 1 Sam 8:4-7, 10-22a; Mark 2:1-12 <u>Saturday:</u> 1 Sam 9:1-4, 17-19; 10:1a; Mark 2:13-17

2ND SUNDAY IN ORDINARY TIME: 1 Sam 3:3b-10, 19;

1 Cor 6:13c-15a, 17-20; John 1:35-42

SACRAMENTS and ADORATION

Baptism: Three (3) months notice required to complete Sacramental preparation.

Marriage: 6 months notice required before proposed wedding date.

Reconciliation (also by appointment):

Monday, Tuesday, Thursday, Friday: 8-8:45 am;

Wednesday: 6-6:45pm; Saturday: 4-4:45 pm; Sunday: 6-6:45pm

Sacrament of the Sick / House Blessings: Please phone the office.

Adoration: *Please note*, at times we will have to cancel Adoration due to funerals, etc. Please check the website or call the office to confirm hours:

육ALL-NIGHT VIGIL: 1st Friday 8:00 pm to 1st Saturday 8:45 am

[⊕]Monday, Tuesday, Friday: 8:15 am-8:45 am

[⊕]Wednesday: After Mass (to pray for Vocations)

[⊕]Thursday (after Mass) 9:30am to 3:30pm (3pm Great Hour of Mercy)

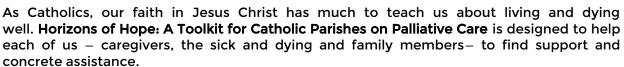
HORIZONS of HOPE

A TOOLKIT FOR CATHOLIC PARISHES ON PALLIATIVE CARE

Horizons of Hope: A Toolkit for Catholic Parishes on Palliative Care COMING TO HOLY REDEEMER ...

First Session BEGINS Sunday, January 21st – 2:30PM to 4:30PM!

When confronted with a life-limiting diagnosis, we can find ourselves in an unfamiliar and even frightening situation. These moments are usually marked by having to make numerous practical decisions surrounding care and support for loved ones and ourselves. More often than not, such decisions require moral discernment through the lens of our faith. We believe in the dignity and sacredness of human life at all stages, from conception to natural death. At the same time, our faith does not demand that life is to be sustained at all costs.





Horizons of Hope is a four part program seeking to:

- Empower and educate parishioners by addressing questions surrounding palliative care, dying, death, suffering, accompaniment, and bereavement in a holistic fashion.
- Present high-quality content that explores how palliative care is understood from a perspective of Catholic moral and pastoral theology, medical expertise and the Compassionate Community model
- Facilitate meaningful conversations together so that our parish and families become Compassionate communities, grounded in the mercy and tenderness of the living Christ.

The First session begins on January 21st at 2:30PM to 4:30PM. The module topics are:

- Understanding the Experience of Dying and Death (21 January)
- Discerning and Making Decisions at the End of Life (28 January)
- Accompanying at the End of Life (4 February)
- Supporting and Integrating with the Wider Community

Each session includes videos related to the topic, one from a medical perspective and one from a theological perspective; small table conversation follows each video.

TO REGISTER or to receive more information, please contact Deacon James Kubina at jgkubina@gmail.com or CLICK HERE. COST: \$10 to cover booklet printing costs.

Events and Activities

LOST AND FOUND



Did you leave behind a PURSE with a gold chain strap at the 7PM Mass last Sunday, December 31st? We have it in the office!!

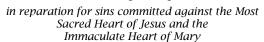


In order to celebrate the Feast of Epiphany, the **Christmas Memorial Poinsettia's** will remain in the Church until Monday. You are welcome to take

them home on **Monday, January 8th** <u>after</u> **4PM**. Thank you once again for helping to enhance the beauty of our Church at Christmas.

First Friday and First Saturday Eucharistic Adoration

All Night Vigil





Eucharistic Adoration begins <u>FIRST</u> Friday, January 5, 2024 at 8PM with Benediction at 8:45AM on Saturday morning, followed by First Saturday Mass at 9AM. There must be at least two (2) adorers in front of Our Lord at all times. In order to coordinate the schedule, we ask everyone to register HERE.



BIBLE STUDY . . . Planning! We would love your input!

Bible Study Planning Meeting will be on **Tuesday, January 9 at 9:45 am** in the Church Hall.

Bring your suggestions for future Bible Study Programs! Everyone is welcome!



Saint Vincent de Paul Ottawa Central Council



Serving the poor with love, respect, justice, hope and joy!

"CATCH THE ACE" LOTTERY – ROUND 4!



The Ottawa Central Council (OCC) of the Society of Saint Vincent de Paul is pleased to announce Round 4 of the weekly Catch the Ace lottery. The first draw will take place THIS Tuesday, January 9, 2024 and every Tuesday after that until the Ace of Spades is drawn.

Tickets can be purchased <u>EARLY</u> (online only) for \$10. Proceeds of this lottery go to support the Multifaith Housing Initiatives for affordable, safe and permanent housing for Indigenous and new Canadians. For details and to start playing, visit https://ssvpottawa.ca/. Thanks for your support!

PUBLIC ROSARY ACROSS CANADA



<u>WHY</u>: To entrust the whole world to Our Lady, and to ask Her to intercede for our province, our country, and the world. <u>WHERE</u>: Outside by the parish office door, in front of Our Lady's statue. <u>WHEN</u>: <u>Every Wednesday at 6:15 PM</u> before

Mass, we join in prayer with parishes across Canada.

PILGRIM VIRGIN OF OUR LADY OF FATIMA HOME VISITATION PROGRAM: Holy Redeemer's Legion of Mary invites parishioners to reserve a home visit of the Pilgrim Virgin Statue of Our Lady of Fatima for a one-week period. To arrange a visit of Our Lady to your



home, contact Balsam Blejani-Khalaf (613-599-2723; bblejanikhalaflom@gmail.com).

03/

<u>CATHOLIC TUTOR AVAILABLE</u>: A Catholic teacher is available for tutoring and homework help. She has a Master's degree in Education,

specialist certification in Special Education, is very successful in helping children struggling with reading, writing and mathematics and can also teach children French and ESL. If you are interested, please email Teresa at terryannkeogh@gmail.com. Spaces are limited and priority will be given to children with learning disabilities.

PRAYER SHAWL MINISTRY: Did you know that Holy Redeemer is blessed to have a ministry that makes beautiful prayer shawls for people in our community who are in need of a prayer and a hug to comfort them through



their trying times? We have shawls for men, women, children as young as preemies, in various colours and patterns! – If you know anyone who could benefit from this free service, please reach out to Margaret Donahue (hrprayershawlmin@gmail.com; 613-836-7619), and she will make arrangements to connect and provide you with one of these beautiful, hand-made gifts to brighten someone's day.

PARISH VOCATION MINISTRY - HOUR OF EUCHARISTIC



ADORATION: Join us <u>every Wednesday</u> evening following the 7:00 pm Mass, as we pray for an increase in the response to God's call to the priesthood, diaconate, religious life, consecrated life, and marriage.

CATHOLIC WOMEN'S LEAGUE (CWL)
PRAYER BOX: We invite you to place
your intentions in this prayer box and
CWL members will raise them in prayer on



your behalf. Rest assured that we will never open your papers, nor read your words. We pray fully in the trust that our Lord knows your needs. The papers are burnt unopened at month end.

NO CASH? NO PROBLEM!

Our new "Tap to Give" kiosk is now set up in the vestibule. The kiosk offers a quick, simple, and easy way to give to our parish. Instructions are attached on the unit, but if you have any other questions, please contact Maureen at the parish office.



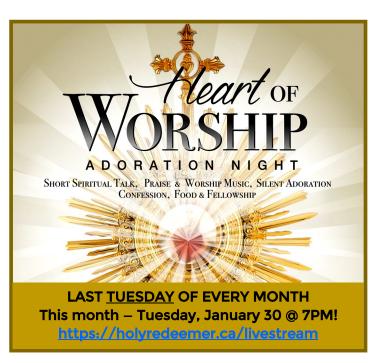
Holy Redeemer Charismatic Prayer Group



Monday, January 15 at 7PM

Praise and Worship, Testimonies and Refreshments in the Church Hall ... everyone is invited!

D MONDAY OF EACH MONTH!





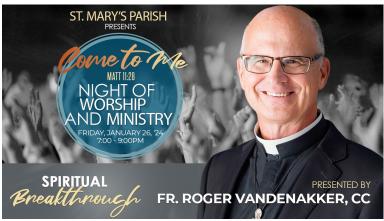
AROUND THE DIOCESE

ARE YOU NIGERIAN? IGBO? CATHOLIC?

Join the Igbo Catholic Community for Mass (in the Igbo language!) on the LAST SUNDAY of EVERY MONTH at St. Peter's Parish, 1640 Heatherington Road at 1:30 PM. Mass is followed by fellowship and refreshments in the Church Hall.

Chaplain - Fr. Paul Nwaeze: Coordinator – John Anoliefo (289-988-2696); Info: info@igbomass-ottawa.ca.







Is the Lord calling you to serve Him as a priest?

Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration. Each night will be held at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa.

To join the Quo Vadis email list or for more information, contact Fr. Connor O'Hara, the Vocations Director for the Ottawa-Cornwall Diocese at: vocations@ottawacornwall.ca.

St. Philip Ladies Auxiliary

Hosting Family Fun Night



Lasagna and Bingo!



6:00 p.m. Saturday, January 13, 2024 Fr. Michael Gillissie Parish Hall, Richmond \$10/person, maximum \$30/family

For more information or to purchase tickets by January 10th please contact Veronica Gervais at: stphilipsladiesaux@gmail.com or 613-791-2723

Tickets also available after masses on the last weekend in December and the first weekend in January. E-transfer payments can be made to stphilipsladiesaux@gmail.com

Proceeds to local charities including Richmond Food Bank. Thank-you for your support!



Every Sunday at the 9:30AM AND 11:00AM Masses!

YOUTH GROUP ... we are back?



The ROCK Grades 6-8 **Every** Friday, 6:30pm-8:30pm

THIS Friday, January 12, 2024! See you soon!

> Questions?! More Info?!

Please contact our

AMAZING Youth Minister Cathy Koss: hryouth@icloud.ca



J.A.M. (Jesus And Me) Grades 9-12 Every Friday, 8:30pm-10pm



The Young Adults Group have resumed meeting bi-weekly in the Church Hall from 5PM to 6:30PM. Next meeting ...



To be announced very SOON!

If you are between the ages of 19 and 36, you are welcome to join our bi-weekly meetings for fellowship, faith formation and pizza!

Contact Sarah at youngadulthr@gmail.com for more information.



Join Father Connor on a hike and enjoy some fellowship and the beauty of God's creation.

If you, or someone you know is interested, and are between the ages of 16 and 35, please email Fr. Connor at father.connor@outlook.com.

70% of spouses don't know the details of their partner's final wishes

Start the conversation. Call: 613-591-6580



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Kevin Sawyer LLB, BCL



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General Practice

Lawyer & Notary

613-265-8317

kevinsawyer@sawyerlaw.ca

www.sawyerlaw.ca

Terry Fox Plaza 500 Hazeldean Road, unit 110 Kanata ON K2L 2B5 www.dannynailsspa.ca BUSINESS HOURS MON-FRI 9:30AM = 7:30PM SATURDAY 9:30AM = 6PM SUNDAY 10:00AM = 5PM

3-836-8819

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Kafui Sawyer, M.A. (Couns. Psych.) Registered Psychotherapist

Clinical Supervisor Mental Health Consultant

Tel: 613-890-PSYC (7792) Email: kafuisawyer@joyfrc.com www.joyhrc.com

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